

48 Survival Skills for Kids

Around the House

- ___ Cook and feed themselves
- ___ Make a meal plan
- ___ Money management
- ___ Basic hygiene (without running water)
- ___ Wash clothes
- ___ Memorize contact info
- ___ Get a job
- ___ Non-electric alternatives
- ___ Operate a generator
- ___ Take care of animals
- ___ Escape from a window
- ___ Learn car maintenance
- ___ Have chores
- ___ Decide on a code word

Outside & Physical Fitness

Survival Skills for Kids

- ___ Learn archery
- ___ Explore nature
- ___ Split wood
- ___ Defend & protect themselves
- ___ Ride a bike
- ___ Start a fire
- ___ Go camping
- ___ Grow a plant
- ___ Stage a mock evacuation
- ___ Fitness
- ___ Learn to swim
- ___ Learn how to hunt & fish
- ___ Purify a glass of water
- ___ Navigate surroundings

Actually Make Things

- ___ Make an every day carry bag
- ___ Make their own emergency binder
- ___ Make a paracord survival bracelet
- ___ Make a powerless cooker (and try cooking on it)
- ___ Have some basic sewing skills
- ___ Use hand tools
- ___ Entertain themselves without electricity
- ___ Make an emergency kit for school
- ___ Forage for food

Learning

- ___ Knowledge
- ___ Know how to keep cool or stay warm
- ___ Learn some common sense
- ___ Practice calling for help
- ___ Safely use a pocket knife
- ___ Learn basic first aid
- ___ Gun safety
- ___ Be able to ask for help
- ___ Learn history
- ___ Download a survival app

Last, but Far from Least

- ___ Have a strong faith in God