

Cold\_Emergencies\_1991.txt  
SECTION XVII  
COLD EMERGENCIES

HYPOTHERMIA

SIGNS & SYMPTOMS

Signs and symptoms of this dangerous condition which can become life-threatening are: shivering, dizziness, numbness, confusion, weakness, impaired judgement, impaired vision and drowsiness.

Hypothermia victims pass through 5 stages, with each stage more serious and leading to death!

- STAGE 1      SHIVERING
- STAGE 2      APATHY
- STAGE 3      LOSS OF CONSCIOUSNESS
- STAGE 4      DECREASING PULSE AND BREATHING RATE
- STAGE 5      DEATH

FIRST AID

Seek professional help. Get victim out of the cold and into dry clothing. Warm the body SLOWLY! Give nothing to eat or drink unless victim is FULLY CONSCIOUS!

If trained, monitor airway, breathing & circulation.

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END OF FIRST AID TUTORIAL