

Nose_Bleeding_1991.txt
SECTION VIII
NOSE INJURIES

Severe nosebleed can be most frightening. It can also lead to shock if enough blood is lost! Many cases of nosebleed can be controlled simply by having the victim sit down, pinch the nostrils shut and lean forward (to prevent blood from running into the throat). Once the bleeding has been stopped, talking, walking and blowing the nose may disturb blood clots and allow the bleeding to resume.

If it is suspected that the victim has suffered head, neck or back injuries DO NOT attempt to control the blood flow as they may cause increased pressure on injured tissue. All uncontrolled nosebleeds require prompt medical attention!