

Cal-Calm\_Tea\_2004.txt

Cal-Calm Tea (TM)

The formula requires that one mix an equal amount of the following by volume.

Chamomile Flowers and leaf;  
Peppermint leaf;  
Mullein leaf;  
Red Clover Blossoms,  
and Raspberry leaf.

This formula, discovered by accident, tastes awesome and is great either iced or hot. Valorie and I take one every night before bed, we love it that much.

Yours in Health and Love,

Doc

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