

Eyebright_Formula_2001.txt

EyeBright Formula

1 Part - Eyebright Herb

1 Part - Bayberry Bark

1 Part - Red raspberry

1 Part - Goldenseal

1/8 Part - Cayenne pepper

in a base of 50% Water and 50% Alcohol = 100 Proof.

A Part is a part by volume.

Add 1 Cup of DMSO to a gallon of the above tincture.

Ian "Doc" Shillington

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