

by Dr. Schulze: Female Problems/ Menopause/PMS

THE DECLINE OF WOMANHOOD. HOW TO STAY FEMALE, HEALTHY AND YOUNG.

(Excerpted from a newsletter article by Sam Biser interviewing Dr. Richard Schulze, HERBAL THERAPY for Serious Illness)

1997 was the Doomsday year for women in America. That was when the Menopause time bomb has exploded. It all started with the post war baby boom, which made 1948 the biggest birth year of the century. The average a woman goes into menopause is 49. Therefore, 1948 plus 49 years equals 1997. The year of menopause is here.

Forget what men think, or what doctors think, most women don't think menopause is a serious issue either and then the whole world blows up in their face.

According to medical herbalist Dr. Richard Schulze, "What I saw in my clinic was 50 year old women going bald, having a dry, cracked, bleeding, inflamed and even infected vaginas, skin wrinkling like an alligator, hip fractures and osteoporosis, women limping after hip operations like the character Chester from Gunsmoke, debilitating depression and hysterical anxiety that wrecked marriages and caused divorce, ruined careers, destroyed families and alienated the children." "That's the best case scenario. Many other women got eaten alive from cancer due to drugs their doctors gave them to stop the hell."

In this newsletter, Dr. Schulze is going to show you how to make the change of life the best time of your life. You will learn how to avoid the soaking hot flashes, pain, disease,

suffering and emotional devastation, and have a gentle, smooth transition into the second half of your life without losing what makes you feel like a woman.

BISER: I knew, the baby boomers were turning 50, but I didn't realize this menopause event was happening right now, and was so gigantic.

SCHULZE: More women are stopping their periods RIGHT NOW, TODAY, than ever before in the history of the world.

BISER: But I thought medicine had this under control?

SCHULZE: If you call drinking horse urine, that gives you cancer under control, then I guess it's under control.

BISER: Horse urine? Are you kidding?

SCHULZE: Unfortunately not. A lot of women don't know it, but estrogen is medicine's ONLY solution to combat menopause. Estrogen is made from horse piss. It was made from plant sources, but manufacturers always look for the most abundant AND CHEAPEST source. It is business, lower cost equals higher profits.

Horses are imprisoned in stalls all over Canada and the United States and artificially impregnated. They hardly let them move, just like a veal calf, and they are catheterizing them and draining the urine out of all the pregnant mares. When the horse has a baby, as soon as possible the horse is impregnated again. If the baby is female, it is locked in a stall next to the mom and impregnated as soon as possible, catheterized and the urine is drained from the baby.

BISER: But some people don't care if horses are treated cruelly and tortured, and others don't mind drinking horse pee as long as it works, and they don 't suffer.

SCHULZE: I can understand that. When the suffering is bad enough, who knows what any of us would do to stop it? So many women are desperate and don't care, or don't know what else to do. But then the problem gets worse, the medical approach kills the women. "Estrogen DEFINITELY CAUSES CANCER. Any medical doctor who underplays this risk, or says it doesn't, is a LIAR".

BISER: You mean cancer right?

SCHULZE: Taking horse urine/estrogen, is medically proven to be extremely dangerous, to DEFINITELY CAUSE CANCER and other debilitating, deadly diseases.

It may eliminate some symptoms of menopause. Then when you die from the cancer eating you alive, you'll have nice smooth skin. You'll have a good complexion in the casket at your funeral.

You can pick yourself up a copy of the Physicians' Desk Reference, at Crown Books, or at most other book stores. This book has disclosures from drug companies on every drug in production. It contains thousands of pages of all the side effects and killer diseases caused by taking pharmaceutical drugs.

I always had a copy of this in my clinic and showed every patient the real TRUTH about the so called mild or harmless drugs the doctor had put them on. When my patients saw the

endless diseases and death caused by the drugs they were on, well, I never had to convince any of them to stop, this book did the job for me.

In the copy I have here, the 1995 edition, the manufacturer of Premarin, the number one prescribed estrogen drug, covers the hundreds of problems on pages 2588 through 2601.

In these pages the manufacturer warns in bold letters that numerous independent studies concluded that there is "an increased risk of uterine cancer in menopausal women who take estrogen for over 1 year... Estrogens can cause other cancer tumors of the breast, cervix, vagina and liver... Estrogens should only be used when clearly needed." They increase the risk of cancer up to 13.9 times.

"All medical hormone therapy kills the organs it is trying to help. Giving women estrogen kills their ovaries, and is equal to chemical sterilization."

BISER: 13.9 times HIGHER RISK OF GETTING CANCER, who would take or do anything that would increase their risk of cancer 14 times?

SCHULZE: I know, it's insane. But it gets worse. When women get cancer from the estrogen, and she probably will, then the doctor immediately takes them off the estrogen, no wean off, no 30 day reduction of the drug, but a cold pronouncement:

"You can't use it any more."

BISER: What happens then?

SCHULZE: These women crash and burn. It is like the rug was pulled out from under them. They have been ripped off this drug that their bodies have become dependent on. When you take a powerful drug like that, it tells your ovaries to go to sleep. When you start using any drug, especially one that your endocrine system is supposed to manufacture like insulin, thyroxin, estrogen, whatever, these endocrine organs fall asleep. When you start using estrogen, your ovaries detect it. So

why would they ever want to produce any estrogen? This becomes a crutch and your ovaries produce less and less estrogen. The more you take of it, your body gets worse; it is like chemical sterilization. What little estrogen the ovaries were producing, well, there is no need for them to produce it anymore. They detect large levels of it in your blood, because of the doctors pills, and so they atrophy, shrivel up and die.

Then, when cancer begins, the doctor takes the woman off estrogen, because any medical doctor immediately takes a woman off of estrogen, or any hormones when they have cancer. They know estrogen itself is carcinogenic.

These women are just shoveled off into the gutter. They are swept under the carpet of medicine and they crawled on their hands and knees into my office crying and begging.

Dr. Richard Schulze

The Female Formula

Quote from Dr. Schulze during an interview with Sam Biser.  
"Schulze: Also, you need to balance the female hormones.  
There are three herbs I think are the greatest and there's a

formula that I make which is clinically proven to be a woman's savior. It contains equal parts of each herb. The first herb is called wild yam.

Wild yam is what the pharmaceutical industry used to make progesterone from. But it got too expensive, so they make it from horse urine.

Biser: Is wild yam grown in the U.S.?

Schulze: Yes, in the U.S. it grows, and also in South and Central America and in Mexico.

The second herb is chaste tree, which is the herb of Europe. Its used for women's problems from PMS to menopause all over Europe. It's the berry of a tree.

The third herb is Angelica. In China, they call it Don Quai. It's also pronounced Tang Kwai. This is the number one sold herb in the world. The Latin name is Angelica Sinensis. We have species of Angelica that are very similar that grow in the United States.

So I use these three herbs in equal proportions, either as a tea, or as a tincture. This is an endocrine balancer." End of

quote

Dr. Schulze goes onto explain how to wean a woman off of Premarin/Estrogen. If you are interested in this information,

ask us for this data.

Organic Wild Yam, Chaste Tree Berries and Dong Quai make up 75%

of the Organic Solutions Female Formula.

#### Therapeutic Action

- ú Regulation and balancing of the female hormones.
- ú Relief from the symptoms of menopause, and PMS. such as anxiety, depression, anger, nervousness, osteoporosis, water retention/bloating, hot flashes, hair loss and dry vaginal tissue.
- ú Regulation and normalization of the menstrual cycle and relief of menstrual problems.
- ú Increased fertility.
- ú An effective overall female tonic. It provides women with herbal phytochemicals that are needed to create hormones, helps to balance the hormones and calms the nerves.

Dr. Schulze goes on to say "While running my clinic I have seen many women who became incapable of normal functioning, both physically and emotionally, because of menopause, PMS. and hormonal imbalance. This tonic has been a lifesaver for them. Besides the obvious health benefits, many saved their marriages, their families, their careers and their sanity by using these formulae.

Over 1 billion women use one or more of the herbs in these formulae. It gives women that sense of well being and control. It does so by increasing the communication between the endocrine organs in the brain and the ovaries. It allows a

woman the ability to age slowly and naturally and make comfortable transitions from puberty through menopause and beyond.

Today most estrogen is derived from torturing pregnant horses. Their urine is drained from their bladder via a catheter 24

hours a day. Even the manufacturers of estrogen report in medical journals that post menopausal women who use estrogen run a 4 to 14 times greater risk of developing uterine and breast cancers, not to mention liver disease and numerous other illnesses.

I have worked with hundreds of women in my clinic over the years to get them off of hormones. They were able to make this transition. This weaning off is best done gradually over a period of 30 to 60 days.

Dosage for Menopause Start with 1 dropperful (35 drops) 3 times daily for at least one week. If this is not enough and symptoms still persist, increase to 1 dropperful 4 times daily. If needed you can increase to 6 dropperfuls daily, but spread them out. If your symptoms intensify during a particular time of the day or evening, use more of the tonic during that time. For example, for nighttime sweats, take 2 to 3 dropperfuls before bedtime to offset this situation.

Dosage for P.M.S. For a regular 28 day cycle on the 18th day after the start of your last period, take 1 dropperful (35 drops). On the 19th day take 1 dropperful in the morning and 1 in the evening. On the 20th day through the start of your next period take 1 dropperful 3 times daily. This dosage can be increased to 2 dropperfuls 3 times daily with an occasional dosage of up to 4 dropperfuls during extreme symptoms. Discontinue the formula once your period begins unless you have extreme menstrual problems.

Dosage for Menstrual Irregularity If you have had long term menstrual irregularity, start by taking 1 dropperful 3 times

daily for 1 to 2 months. This should balance your hormones and regulate your periods.

If it is for menstrual problems during your period, take 1 to 3 dropperfuls, 3 times daily as needed.

Dosage for Infertility Start with 1 dropperful 3 times daily for a month. The next month you can increase to 2 dropperfuls 3 times daily. Continue with the formula. STOP IF YOU BECOME PREGNANT.

As with most situations, but especially with infertility, you must do ALL of The Foundational Programs to get the best results.

\* When you put the dropper in the bottle and squeeze the black rubber top firmly, you will see that the dropper fills about « full. This is a dropperful or approximately 35 drops.

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### Menopause/Estrogen

Estrogen is the most dangerous hormone for a woman to take in excess. THERE IS EVIDENCE THAT ESTROGEN GIVEN TO A MENOPAUSAL WOMAN INCREASES HER CHANCE OF GETTING CANCER AND GIVES HORRIFIC SIDE EFFECTS. The estrogen myth is an estrogen myth. Premarin, made from the urine of tortured mares is a DANCEROUS SUBSTANCE.

### Books:

Title unknown by Dr. Lee  
Menopausal Years - The Wise Woman Way by Susan S. Weed

The best way to handle hormonal imbalance in a woman is to look at

the symptoms and read a good book on the subject then EXERCISE, take the foods that supply the hormones you need and supplement with herb.

Another suggestion is Dr. Lee's Progesterone Cream (though this does not work for all)

Every woman is different. Different women loose different hormones at different ages.

By learning what hormones do and what you need to balance them, you will do far more good for your body.

Dr. Schultz's Female Formula actually BALANCES the hormones in the body and causes the body to produce the hormones it needs.