

Herbal_First_Aid_Salve_1999.txt

Herbal First Aid Salve.

3 - Cups of Organic Olive Oil

1 - Tablespoon of Organic Tea Tree Oil

1 - Teaspoon of Organic Peppermint Oil

Add the following herbs in a completely dry state only. Remember water and oil don't mix.

1/2 cup of Arnica Flowers

1/2 cup of Comfrey

1/4 cup of Marshmallow Root (either cut and sifted or powdered)

1/4 cup of Calendula Flowers

Very important not to get any water around this mixture. Let sit for a minimum of two weeks, and then strain and press. Add an ounce or two of bees wax to stiffen to the consistency you like.

This formula is excellent for cuts, lesions, eczema, poison ivy, burns, hemorrhoids, and bruises, and is also antiseptic, and somewhat of a coagulant = helps to stop bleeding. Furthermore, it is disinfectant. It is extremely good for just about any skin condition. I also make this formula using Jojoba Oil instead of Olive Oil = lasts longer as Olive Oil can go rancid over time.

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