

Kidney_Stone_Dissolve_Formula_2004.txt

STONE DISSOLVE FORMULA

(Use the same formula for the tea and tincture)

1	CUP	HYDRANGEA ROOT (CUT) - HYDRANGEA ARBORESCENS
1	CUP	GRAVEL ROOT (CUT) - EUPATORIUM PURPUREUM
1/2	CUP	MARSHMALLOW ROOT (CUT) - ALTHAEA OFFICINALIS

Use standard base = alcohol/distilled water options.

Mix herbs together in a bowl and put them in a large jar. Add base solution to cover (an inch or so above the roots), put the lid on the jar and soak for 24 to 48 hours before blending in a blender of Vita Mix. This will soften the roots so they are easier on the blades and motor.

This formula is a good one to have on hand incase of emergency. On rare occasions a large stone with sharp edges will try to pass and this is painful. Then this formula (if on hand) can be taken along with the Stone Dissolve Tea and dissolve the stone.

Much love,

Doc

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