

Total Healing Poultice Powder

Mix together the following:

2 Cups of Slippery Elm Bark Powder  
1 Cup of Comfrey Root Powder  
1/2 Cup of Goldenseal Root Powder  
1/2 Cup of Plantain Leaf Powder  
Dash of the hottest Cayenne Powder you can find.

Put all in a container and shake vigorously till well mixed.

To use, mix with distilled water until you reach a paste consistency. Add a dropperful of USP Pharmaceutical Grade DMSO into this and stir well. Apply to a wound of any size. If the wound is large and is still bleeding, use a handfull of Cayenne powder directly on the wound to stop the bleeding and then bring the pieces of skin together using small strips of tape or butterfly bandaids. Then load up with your poultice powder / DMSO / distilled water mixture. Don't be stingy here. ;o) Cover with a gauze bandage and tape on. Leave the first poultice on for at least 24 hours before changing. When changing this, do not remove any of the old poultice still in there. If it doesn't come out with the bandage removal, just leave in there and plaster more THPP in there. After day 3 you can rinse with distilled water and start again. This poultice is self anticeptic. After the first 24 hours, you can then change it every 12 hours if you wish. If you notice any kind of infection starting to develop, add more cayenne to the mixture. On any kind of gash or wound like this, you should also be taking Total Tonic and Echinacea internally.

And don't be surprised if there isn't even a scar when it has healed ;o)

Much love,

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Doc

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