

Any other tips please send them up by e-mail  
at: richard@io.org Thanks

RHEUMATISM REMEDY = "BONE OIL":

Taken from Russian Pilgrim P.92

This is a very old remedy yet no one seem to know of it. It could be very useful for those who suffer from it. Dated 1430 AD.

"The old man started to treat me. He went out to gather in the fields & around the barns in the yards & garbage dumps a full bucket of old animal bones birds bones etc. all kind of old bones.

Then he washed them broke them in small pieces with a stone & put them all in a big cooking pot that he covered with a top that had a hole in the middle, then he turned it upside down over a smaller vase that he had beforehand buried in the soil.

He then carefully smeared a heavy coat of clay the bottom part of this big cooking pot & then he covered the pot with wood logs that he sat on fire letting it burn for 24 hours.

While so doing, he was saying to himself "this will make a fine bone oil tar." The day after, he dug out the vase that was in the soil this vase had about 1 litre of red thick oil smelling like fresh meat.

As for the bones that were in the big cooking pot of black &

rotten that they had been they were now as white and transparent as nacre or pearls.

5 times a day he would massage my legs with his liquid. Believe it or not after the very first day I could move my toes.

The 3rd day I could move and bend my legs & the 5th day I could walk with a cane in the yard & in 1 week my legs were back to normal. PRAISE BE TO GOD!"

One may wonder why doctors don't try this remedy. Well, for one they don't speak Russian, nor are they incline to try old folks remedy.

Many of them would rather sell pills than cure the pain. If you have this rheumatism what have you got to loose but the pain.

Perronaly I NEVER tried it for I don't suffer from it but be sure that I will do if ever I am in that situation.

One should REMEMBER how penicillin was first discover. The doctors had noticed that wrapping war wounds with old cheese cloth would cure their patient faster without the deadly gangrene. They did not know why this old folk remedy worked but the results were there.

So with the help of technology they discovered the reason that was that old cheese cloth that had serve to wrap cheese had mushroom embedded in it, the first start of penicillin in its raw state.

I know of one person who tried it, she was suffering greatly from it, and upon my advice, she gave it a try.

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The result was sensational she told me a few years later "away  
with the crutches & she even build her own house to boot."

Pass us any tips on cold or other folk remedy to

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