



Spring Creek Homesteading

# HOMESTEADER'S HANDBOOK



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## INTRODUCTION

February 2013

This handbook is built on the understanding that economic contraction, rising energy costs and destabilized climate are not temporary setbacks, but permanent structural challenges leading communities and families to increasingly rely on their own skills and labor, and good social connections, to meet basic needs for food and shelter, companionship and fun.

Anticipating a growing demand for physical places and social networks in which to learn traditional skills and obtain sturdy tools and high quality supplies, we thought it would be helpful to compile information about those things in a handheld reference book. We've focused on providing business and organizational names, the names of contact people, physical addresses and telephone numbers to promote personal contact and encourage readers to call the farmers and chefs, and go visit the farms, restaurants and markets.

Those people and places are the living web of our local food system.

There are two main groups of intended readers. The first includes current and prospective urban and suburban homesteaders in the Centre Region. The second group includes local government officials who recognize a public health stake in food security, and might find in the handbook a preliminary assessment of current food system resilience in Central Pennsylvania, as they work toward filling gaps to strengthen that food system.

This is a first edition and we've tried to be as accurate as possible, but the local food landscape is complex and ever-shifting terrain. **Please call or write with corrections, updates, additions and other revisions so that future editions can be better.** We also hope to add new sections to future editions, including a directory of independent contractors who can help with home-and neighborhood-scale gardening and construction projects, public gleaning locations and resources for fiber crafts.

Thank you to Spring Creek Homesteading Board President Joshua Lambert, Secretary Dana Stuchul, and to Kent Becker and Diana Malcom for editorial assistance.

Happy Homesteading!

Katherine Watt, Program Director  
Spring Creek Homesteading Fund  
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State College PA 16801  
(814) 237-0996

*Spring Creek Homesteading is a State College-based nonprofit organization. We support local self-sufficiency through new, renovated and expanded food gardens and orchards, urban farms, community greenhouses, kitchens, bakeries, farmers markets, and workshop programs in the homesteading arts.*

- *Our reskilling workshops bring people together to share skills in cooking, baking, canning, brewing, fermenting, cheese-making, sausage-making, gardening, beekeeping, chicken-keeping, and more.*
- *We organize community social events, including a monthly Homesteaders Hangout and quarterly family-friendly potlucks.*
- *Our project funding and management services are available for community gardens, food clubs, farmers markets, cooperatives, time banks, tool libraries, greenhouses and other local food infrastructure and skill-building.*
- *Our website and email newsletter offer public information about the local food movement and how to get involved: events, classes, farmers markets, homesteading resources & more.* [springcreekhomesteading.wordpress.com](http://springcreekhomesteading.wordpress.com)

## **CENTRAL PENNSYLVANIA HOMESTEADER'S YEAR**

### JANUARY

- Pennsylvania Farm Show (Harrisburg)

### FEBRUARY

- PASA Farming for the Future Conference (State College)
- For Love of Art & Chocolate Fundraiser for Clearwater Conservancy (State College)
- Winter Trash to Treasure Sale (University Park)

### MARCH

- Centre County Buy Fresh Buy Local Community Supported Agriculture Farm Fair (State College)
- Maple Festival at Shavers Creek Environmental Center (Petersburg)
- Apple Tree Trimming Workshop at Way Fruit Farm (Port Matilda)

### APRIL

- Earth Day Celebrations
- Riversongs Music Festival (Millheim)
- Clearwater Conservancy Watershed Cleanup Day (State College)
- Penns Valley Conservation Association Stream Cleanup (Millheim)
- Penns Valley Conservation Association Renewable Energy Fair (Millheim)
- Traditional American Indian Pow-wow (State College)
- Dickinson College Local Food Dinner (Carlisle)
- Banff Mountain Film Festival (State College)

### MAY

- Tait Farm Spring Open House (Centre Hall)
- Shaver's Creek Bird Cup & Native Plant Sale (Petersburg)
- Lemont Garden Club Plant Sale (Lemont)
- Apple Blossom Festival & Taste of PA at Way Fruit Farm (Port Matilda)
- Bellefonte Spring Festival (Bellefonte)
- Master Gardeners Plant Sale at Rock Springs (Pennsylvania Furnace)
- Centre Furnace Mansion Plant Sale (State College)
- Surplus Auction at Penn State (University Park)

### JUNE

- Strawberry Festival (Lemont)
- Summer Solstice Celebration at Tait Farm (Centre Hall)
- Clearwater Conservancy "Strides for Nature" 5K/Fun Run & Spring Creek Family Festival at Millbrook Marsh (State College)
- Trash to Treasure Sale at Penn State University (University Park)
- Master Gardener Native Plant Garden Tours (State College)

### JULY

- Central Pennsylvania Festival of the Arts (State College)
- PSU Master Gardener Native Plant Garden Tours (State College)
- 'Wings in the Park' Butterfly Festival at Tudek Park (State College)

### AUGUST

- Central Pennsylvania Farm Tour (County-wide)
- Pennsylvania Certified Organic FarmFest (Centre Hall)
- Ag Progress Days at Rock Springs (Pennsylvania Furnace)

- Master Gardener Native Plant Garden Tours (State College)
- State College Microbrewer's Expo (Boalsburg)
- Centre County Grange Fair (Centre Hall)
- Otto's Golf Fest Fundraiser for Clearwater Conservancy (State College)

#### SEPTEMBER

- Light Step Right Step Festival (State College)
- Crickfest (Millheim)
- PA-Interfaith Power & Light Annual Meeting (State College)
- Master Gardener Native Plant Garden Tours (State College)
- Master Gardener Seed Exchange at Tudek Park (State College)
- Wild & Scenic Environmental Film Festival (State College)
- Bike Fresh Bike Local (Statewide)
- Boalsburg Farmers Market Local Food Dinner (Boalsburg)
- Shavers Creek Music Festival (Petersburg)

#### OCTOBER

- Fall Fest & Pumpkin Pick at Way Fruit Farm (Port Matilda)
- Fall Fest at Wasson Farm (State College)
- Fall Fest at Harner Farm (State College)
- Howard Fire Company Punkin Chunkin at Bald Eagle State Park (Howard)
- Downtown State College Fall Festival (State College)
- Shaver's Creek Pumpkin Carving & Fall Harvest Festival (Petersburg)
- Aaronsburg Dutch Fall Festival (Aaronsburg)
- Milesburg Fall Festival (Milesburg)
- Boalsburg Fall Festival (Boalsburg)
- Millbrook Marsh "Scarecrow-Stuff It" (State College)
- Tussey Mountain OktoberFest (Boalsburg)
- Mount Nittany Winery Harvest Fest (Centre Hall)

#### NOVEMBER

- PA Women's Agricultural Network Annual Conference (State College)
- Historic Harvest Festival at Millbrook Marsh (State College)
- Penns Valley Conservation Association Annual Meeting (Millheim)
- Tait Farm Winter Open House (Centre Hall)

#### DECEMBER

- Bellefonte Victorian Christmas (Bellefonte)
- Lemont Christmas (Lemont)
- Boalsburg Hometown Christmas (Boalsburg)
- Merry Millheim Festival (Millheim)
- Central PA Crafters Guild Show (State College)
- Taste of the Town Dinner (State College)
- Centre Furnace Holiday Craft Show (State College)

**THE HARVEST CALENDAR** is a guide to when locally grown fresh produce is available at your local farmer's market. Many county Cooperative Extension offices will be able to direct you to markets in your area. Contact information for your county extension office can be found at this website:

<http://www.extension.psu.edu/>, or contact Directory Assistance for the phone number for your county Penn State Cooperative Extension office.

Harvest Calendar							
Produce	May	June	July	August	Sept.	October	November
Apples							
Asparagus							
Beans							
Beets							
Blueberries							
Broccoli							
Cabbage							
Carrots							
Cauliflower							
Cucumbers							
Cherries							
Corn (Sweet)							
Eggplant							
Grapes							
Lettuce							
Melons							
Mushrooms							
Onions							
Peaches							
Pears							
Peas							
Peppers							
Plums							
Potatoes							
Pumpkins							
Radishes							
Raspberries							
Rhubarb							
Strawberries							
Spinach							
Squash							
Tomatoes							
Turnips							

Harvest Calendar courtesy of John Berry, Educator, Penn State Cooperative Extension - Southeast Region

*(Reprinted with permission from John Berry.)*

**IDEA BANK:**

Local food system-building ideas generated at the November 15, 2011 Spring Creek Homesteading Harvest Potluck, attended by about 100 local food supporters.

*COMMUNITY-WIDE*

- FOOD CO-OP - Launch a food cooperative in downtown State College.
- TOOLS - Open a downtown hardware store; Set up a downtown blacksmith shop to make and repair gardening & farming tools.
- Work to get a supermarket downtown.
- POLICY - Establish a Food Policy Council.
- RESKILLING - Organize workshops in community spaces like the Borough building – cooking and food preservation classes, language partner programs for ESL residents, first aid and computer skills.
- KITCHENS - Set up a community-supported kitchen.
- MILLS - Set up a grain mill with a local organic grain CSA farm.
- POTLUCKS - Organize monthly potluck meetings to move these ideas along, and next time, have name tags and sign-up sheets to connect people better.
- COOKBOOKS - Create a State College area seasonal cookbook
- NETWORK - Coordinate with neighboring townships on local sustainability issues; support similar local food projects in surrounding townships
- LOBBY - Legalize chicken-rearing in College Township.
- Create an information tool to orient new residents about local food resources – farmers markets, farms, cooking programs (for those who don't get CDT)

*PENN STATE & STATE COLLEGE AREA SCHOOL DISTRICT*

- FARMS - Build a student-run farm at Penn State.
- PURCHASING - Work to get Penn State to buy food (or more food) from CSAs.
- Work with Penn State to ensure that Rock Springs crops are consumed locally, not wasted.
- RESKILLING - Organize reskilling workshops geared to university and high school students, especially cooking.
- GARDENING & COOKING - Organize gardens at every K-12 school, and cooking programs so kids can cook the food they grow.
- Organize local organic food days in school cafeterias.
- GREENHOUSES - Build greenhouses and high tunnels at school gardens.
- COMPOSTING - Set up worm composting programs at every K-12 school – use lunch waste for compost and worm bins, market & sell the soil and compost tea produced.
- Offer training for local teachers to use gardening to teach PA curriculum standards.
- Organize school field trips for kids to help out at area farms.
- FARM CAMPS FOR KIDS - Set up a summer farm camp for kids.
- Organize programs in horticulture therapy to help kids with learning difficulties.
- Set up a local WOOFing (Worldwide Opportunities on Organic Farms) program to give people “organic farming experience through short-term work in exchange for room-and-board arrangements made through a membership.”

*HOMES, CHURCHES & NEIGHBORHOODS*

- Actively promote EDIBLE LANDSCAPING.
- GARDENS - Grow food on fraternity lawns during the summer.
- MORE GARDENS - Grow food on municipal land, with Borough water.
- Organize community work days to help weed invasive plants from bike paths, plant natives.
- Organize Borough-sponsored liability coverage for gardening & farming on vacant private land.
- Expand community gardens to better serve residents who can't garden where they live.
- Set up more church gardens, give extra produce to food banks.
- Organize community, public & private garden tours, fundraisers, and contests (see

models in Eugene and Portland, OR)

- Market to promote “buy local” on radio and billboards, in newspapers.

### *OTHER OPPORTUNITIES*

- Set up programs to get produce out of town (Philipsburg, Milesburg, Bellefonte) ?
- Set up a system for GMO labeling
- Actively promote utility cycling, commuting
- Improve frequency and routes of buses
- Organize more mixed-use development (residential, commercial, professional)
- Promote outdoor sports – biking, hiking, snowshoeing, rock climbing, paddling
- Improve bike connectedness with winter path maintenance, connecting trails to Rothrock (Tussey & Shingletown), installing recumbent-friendly bike racks

### **COMMUNITY RESILIENCE INVENTORY**

#### *People-with-Skills*

- Home gardeners
- Home cooks
- Home food preservers
- Farmers
- Farmers market organizers
- Community Supported Agriculture farmers & subscribing members
- Restaurant and institutional chefs and cooking staffs
- Cooking Instructors
- Food bank organizers
- Backyard beekeepers
- Backyard chickenkeepers
- Herbalists
- Master Gardeners
- Foresters
- Community garden managers
- Penn State students
- Penn State faculty researchers
- Bakers
- Butchers
- Fish-farmers
- Pasta-makers
- Grocers
- Cafe and restaurant shopkeepers
- Cheese shopkeepers
- Bike shopkeepers & bike repair-people
- Carpenters
- Plumbers
- Potters
- Laborers and landscapers
- Bus Drivers
- Police Officers
- Firefighters
- Emergency Medical Technicians
- Nurses, Nurse Practitioners
- Doctors, Physicians Assistants
- Dentists, Dental Hygienists
- Publishers & Printers
- Writers & Poets
- Painters & Sculptors
- Actors & Theater Organizers
- Musicians

### *Physical Assets*

- Sufficient average annual rainfall, historically
- Crop-suitable average temperatures during the growing season, historically
- Intact reservoirs
- Functional water treatment plants
- Functional water delivery system infrastructure
- Functional sewage treatment system infrastructure
- Fertile soils
- Forests
- Microorganisms engaged in nitrogen fixing, composting and other essential services
- Bees and other pollinators
- Birds and other pest control providers
- Home gardens & gardening tools
- Home kitchens & cooking equipment
- Community gardens
- Church gardens
- Church kitchens
- Home carpentry workshop tools
- Farms
- Farm equipment
- Vacant privately-owned lots
- Sunny parcels in publicly-owned parks
- Wild edibles
- Built environment – Buildings containing large quantities of scavengeable materials such as brick, metals, stone and glass.

### *Civic & Business Organizations*

- Water & Sewer System Authorities
- Police, Fire and Emergency Medical Departments
- Backyard gardens
- Farms
- Farmers Markets
- On-farm markets
- Farm Supply and Hardware Stores
- Food banks
- Garden clubs and classes
- Cooking clubs and classes
- Newspapers and magazines publishing Gardening and Cooking columns
- Energy audit/insulation/geothermal/solar energy installation firms
- Community garden organizations
- Annual seed and seedling sales
- Plant nurseries/greenhouses
- Churches, religious organizations
- Sports clubs
- Medical and dental clinics
- Poetry and book clubs
- Printing Businesses
- Theaters
- Knitting and quilting clubs
- PSU Agricultural Extension programs
- Annual Grange Fair
- Pennsylvania Association for Sustainable Agriculture (PASA)
- Annual PCO Organic Farm Fest
- Permaculture design services
- Home and business garden installation and maintenance services
- Renovation/adaption contractors (converting historic buildings for re-use, and re-using building materials)

**EATING LOCAL FOOD: RESTAURANTS & CAFES****Aardvark Café**

906 West College Ave.  
 State College PA 16801  
 814-238-2400  
 Brandon Bunting Allen & Les Urbanski  
 Mon. – 11 a.m. - 2 p.m.  
 Tues. – Fri. – 11 a.m. to 8 p.m.  
 Sat. - 1 p.m. to 8 p.m.

**Autoport, The, Est. 1936**

1405 South Atherton St.  
 State College PA 16801  
 814-237-7666  
 Greg & Lunda Mussi, Kathy Punt

**Brewers Café**

209 N. Church St.  
 Boalsburg PA 16827  
 814-466-2086  
 Jen Bishop  
 M – F, 9 a.m. to 2 p.m.

**Café Karla**

301 Science Park Road  
 State College PA 16803  
 814-321-7202  
 Karla Altenberg-Caldwell  
 Mon. – Fri. – 7 a.m. to 3 p.m.  
 North Atherton FM

**Café Laura**

104A Mateer Building  
 University Park PA  
 814-865-1853  
 Contact: Dave Cranage  
 Student-operated restaurant

**Café Lemont**

921 Pike St. #103  
 Lemont PA 16851  
 814-321-4337  
 Mike Beck & Jodi McWhirter  
 Tues. – Sat. 8 a.m. to 6 p.m.  
 Sun. – 10 a.m. to 6 p.m.

**Café on the Park**

325 West High Street  
 Bellefonte PA  
 814-357-8442  
 Tues. - Sat. – 8 a.m. to 2 p.m.  
 Sun. – 9 a.m. to 2 p.m.

**Callao Café & Catering**

434 West Aaron Dr. Suite 201  
 State College PA 16803  
 814-237-2494  
 David Price  
 Mon. – Fri. 6 a.m. to 5 p.m.  
 Sat. 6 a.m. to 4 p.m.

**Cool Beans Coffee & Tea**

141 West High St.  
 Bellefonte PA 16823  
 814-355-1178  
 Wendy Fultz  
 Mon –Sat. – 7 a.m. to 5 p.m. (or later)  
 Sun. - 9 a.m. to 1 p.m.

**The Deli**

113 Hiester St.  
 State College PA 16801  
 814-237-5710  
 Andy Zangrilli

**Duffy's Tavern**

133 E. Main St.  
 Boalsburg PA 16827  
 814-466-6241  
 Tracey & Darren Moriarty

**Elk Creek Café + Aleworks**

100 West Main St./PO Box 432  
 Millheim PA 16854  
 814-349-8850  
 Tim Bowser & Tim Yarrington  
 Wed & Thurs 4 p.m. to 10 p.m.  
 Fri. & Sat. 12 p.m. to 11 p.m.  
 Sunday Brunch – 11 a.m. to 2 p.m.

**Fiddlehead**

134 W. College Ave.  
 State College PA 16801  
 814-237-0595  
 Jack, David & Marya Schoenholtz  
 Open Daily 11 a.m. to 8 p.m.

**Gamble Mill Tavern**

160 Dunlap St.  
 Bellefonte PA 16823  
 Dave Fonash and Paul Kendeffy  
 814-355-7764  
 M – Sat. 11:30 a.m. to 2 p.m., 5:30 – 9 p.m.  
 Sun. 4 – 8 p.m.

**Harrison's Wine Grill**

1221 East College Avenue State College,  
 PA 16801  
 814-237-4422  
 Harrison Schailey & Kit Henshaw  
 M - F 11 a.m. to 9 p.m.  
 Sat. 11:30 a.m. to 9 p.m.

**Herwig's Austrian Bistro, Est. 2002**

132 W. College Ave.  
 State College PA 16801  
 814-272-0738  
 Brandstatter Family  
 M – Sat, 11:45 a.m. to 8 p.m. (or later)

**Inglebean Coffeehouse**

106 E. Main St.  
 Millheim PA 16854  
 814-349-4898  
 Mon – Sat. 7 a.m. to 4 p.m.

**Irving's Bagels**

110 East College Ave.  
 State College PA 16801  
 814-231-0604  
 Jack, David & Marya Schoenholtz  
 Mon – Th. 7 a.m. to 12 a.m.  
 Fri – Sun – 7 a.m. to 8 p.m.

**Kelly's Steak & Seafood**

316 Boal Ave.  
 Boalsburg PA 16827  
 814-466-6251  
 Kelly Family

**Meyer Dairy & Diner**

2390 S. Atherton St.  
 State College PA  
 814-237-1849  
 Meyer Family  
 Daily 8 a.m. to 10 p.m.

**Nittany Lion Inn**

200 West Park Ave.  
 State College PA 16803  
 814-865-8500  
 Chef Andrew Monk

**Nola's Joint**

129 McCallister Alley  
 State College PA  
 814-231-8828  
 Tony Sapia

**Otto's Pub & Brewery, Est. 2002**

2235 North Atherton St.  
 State College PA 16803  
 814-867-6886  
 Charlie Schnable & Roger Garthwaite  
 M. – Th, Sat., Sun. – 11 a.m. to 8 p.m. (Bar  
 to 10 p.m.)  
 Friday -11 a.m. to 9 p.m. (Bar to 11 p.m.)

**Pump Station Café, Est. 2005**

103 East Boal Ave.  
 Boalsburg PA  
 814-466-6202  
 Heather Jones  
 Mon – Fri 6:30 a.m. to 6 p.m.  
 Sat. 7 a.m. to 6 p.m.; Sun. 8 a.m. to 5 p.m.

**Red Horse Tavern**

104 North Main St.  
 Pleasant Gap PA 16823  
 814-359-2082  
 Justin Leiter & Courtney Confer

**Saint's Café, Est. 1999**

123 West Beaver Ave.  
 State College PA 16801  
 814-238-5707  
 Mon – Sat. 7 a.m. to 6 p.m.  
 Sun. – 8 a.m. to 4:30 p.m.

**Standing Stone Coffee Co., Est. 2008**

1229 Mifflin St.  
 Huntingdon PA 16652  
 814-643-4545  
 Greg & Jessie Anderson

**Sweet Tooth Bakery, Est. 1993**

120 Miller Alley  
 State College PA 16801  
 814-238-8835  
 Cheri Christian  
 Wed. – Fri. 9 a.m. - 5 p.m.;  
 Sat. 10 a.m. - 12 p.m.

**Village Eatinghouse Marketplace & Café**

105 S. Main St.  
 Pleasant Gap PA 16823  
 814-280-2259  
 Clay & Melanie Phillips  
 Tues – Fri. 10 a.m. to 7 p.m.  
 Sat. 10 a.m. – 4 p.m.

**W.C. Clarke's Coffee & Cheese Shoppe**

234 E. Calder Way  
 State College PA 16801  
 814-234-4244  
 Contact: W.C. Clarke  
 Fresh roasted coffee, fine cheeses

**Water Street Grill**

118 Water Street  
 Spring Mills PA 16875  
 814-422-0212  
 Dan Schleiden  
 Wed – Th. 4 p.m. to 9 p.m.  
 Fri – Sat – 4 p.m. to 10 p.m.  
 Sun. – 9 a.m. to 2 p.m.

**Whistle Stop Restaurant**

104 W. Wilson St.  
 Centre Hall PA 16828  
 814-364-2544  
 Marcia & Ed Gemperle  
 Wed & Thurs – 11 a.m. to 8 p.m.  
 Fri & Sat. – 11 a.m. to 9 p.m.  
 Sun. – 11 a.m. to 7 p.m.

**Webster's Bookstore Cafe**

133 E. Beaver Ave.  
 State College PA 16801  
 814-272-1410  
 Elaine Meder-Wilgus  
 Mon – Fri 7 a.m. to 9:30 p.m.

Sat. & Sun. – 8 a.m. to 8 p.m.  
Breakfast, lunch, baked goods, drinks

**Zola's New World Bistro**  
324 West College Ave.

State College PA 16801  
814-237-8474  
Dave Fonash & Paul Kendeffy  
Contemporary cuisine

**COOKING LOCAL FOOD:***COMMUNITY KITCHENS, CATERERS, PREPARED FOODS, MEAL PREP, COOKING SCHOOLS***Benjamin's Catering**

124 Chambers Alley  
Boalsburg PA 16827  
814-466-6865

**Ecovents Catering**

105 E. Main St.  
Millheim PA  
512-576-4831  
Sustainable event planning

**El Gringo Taco Truck**

at Gemelli Bakers  
129 McCallister Alley  
State College, PA 16801  
814-234-8946  
Tony Sapia

**Fasta & Ravioli Company**

129 South Fraser Street  
State College, PA 16801  
and  
157 West College Ave.  
Pleasant Gap PA 16823  
814-359-3344  
Bob Ricketts  
Fresh pasta & sauces  
Mon – Sat. 11 a.m. to 6 p.m.

**The FoodShed****Community Supported Kitchen**

Village Acres Farm  
229 Cuba Mills Road  
Mifflintown PA 17059  
717-436-9477  
Debra Brubaker  
Kitchen and dining room rentals

**Grace Pilato Cooking Classes**

524 South Allen St.  
State College PA 16801  
814-238-5828  
Grace Pilato  
International cooking classes, all ages

**Happy Valley Learn to Cook**

780 Teaberry Lane  
State College PA 16803-3175  
814-867-0820  
LaCreta Holland  
Cooking classes, all ages

**Harrison's Catering**

1221 East College Avenue  
State College, PA 16801  
814-237-4422

Harrison Schailey & Kit Henshaw  
Catering

**Hoag's Catering**

2280 Commercial Blvd.  
State College PA 16801  
814-238-0824  
Moerschbacher Family

**In Marie's French Kitchen**

3133 Williamsburg Court  
State College PA 16801-3030  
814-470-5485  
Marie Raturier  
French and pastry cooking classes

**Gaffron's Sunrise Bakery**

3404 Brush Valley Rd.  
Centre Hall PA 16828  
814-364-2650  
Contact: Marge & Toby Gaffron  
Prepared meals (soups, etc.)

**Gemelli Pizza Truck**

at Gemelli Bakers  
129 McCallister Alley  
State College, PA 16801  
814-234-8946  
Tony Sapia

**Greenmoore Gardens****Community Supported Kitchen**

193 Eagle Field Road  
Port Matilda PA 16870  
814-237-0082  
Contact: Mark Maloney  
Kitchen and dining room rentals, meal  
prep, catering, cooking classes

**Laura's Home Cooking, Est. 2012**

713 Rosslyn Road  
Boalsburg PA 16827  
814-808-6360  
Laura Sogor  
Catering, meal prep with home delivery

**My Foodie Chef, Est. 2010**

814-865-7431  
Kristi Brandstetter  
Meal prep, catering, consulting

**Osher Lifelong Learning Institute**

126 Outreach Building  
University Park PA 16802  
814-867-4278  
Sarah Benton

M – F - 9 a.m. – 4 p.m.  
Cooking, baking instruction and more.

**Pennsylvania College of Technology  
Culinary Arts Program**

DIF 80, One College Ave.  
Williamsport PA 17701  
570-327-4505  
Office: Hager Lifelong Education Center  
Room B1116  
Contact: Fred Becker, Dean  
Cooking instruction for adults

**PSU Gastronomy Club**

18 Housing & Food Services Bldg.  
University Park PA 16802  
814-863-5589  
Advisor: William Laychur  
Founder: Steve Bookbinder  
Cooking and baking club

**PSU School of Hospitality  
Hotel, Restaurant & Institutional  
Management**

201K Mateer Building  
University Park PA 16802  
814-867-2170  
Brenda Condo

**Penn State Nutrition Department  
Cook Like a Chef Program**

Foods Lab/007 Henderson Building  
University Park PA 16802  
814-865-7431  
Anne Quinn Corr  
Summer Camp for Kids 11-13

**State College Area School District  
Community Education**

411 South Fraser St./Room 116  
State College PA 16801  
814-231-1062  
Donna Ricketts

Cooking & baking classes for adults

**State College Area School District  
Culinary Arts Program**

653 Westerly Parkway  
State College PA 16801  
814-231-1111  
Jeremiah Dick  
Cooking classes for high school students.

**Slow Food Central PA Convivium**

007A Henderson Building  
University Park PA 16802  
814-865-5870  
Anne Quinn Corr

**Spring Creek Homesteading Fund**

156 West Hamilton Ave.  
State College PA 16801  
814-237-0996  
Katherine Watt  
Cooking & baking classes & clubs, all ages.

**The Sustainable Kitchen Catering &  
Supper Club**

366 Strouse Avenue  
State College, PA 16803  
814-395-2433  
Andrew Monk  
Meal prep & catering  
Boalsburg FM, North Atherton FM

**Old Gregg School Community Kitchen**

106 School St.  
Spring Mills PA 16875  
814-404-3812  
Robin Bastress  
Kitchen rentals

**PROCESSING LOCAL FOOD***BAKERIES, BREWERIES, BUTCHERS, CANNERS, DAIRIES & CHEESEMAKERS, WINERIES***Adler's Market**

1185 Philipsburg-Bigler Highway  
 Philipsburg PA 16866  
 814-342-1993  
 Butcher: deer

**Bee Kind Winery**

525 Carbon Mine Road  
 Clearfield PA 16830  
 814-762-8210

**Bell & Whistle Bakery**

814-321-5973  
 State College Tuesday FM  
 Louisa Smith

**Bierly's Meats**

189 Long St.  
 Spring Mills PA 16875  
 814-422-8841  
 Contact: Douglas Stover  
 Butcher: beef, pork, lamb

**Brenneman's Meat Market**

211 South 10<sup>th</sup> St.  
 Huntingdon PA 16652  
 814-643-2751  
 Butcher: deer

**Byler Goat Dairy**

1360 Graver Road  
 Belleville PA 17004  
 717-250-9580  
 James & Darla Byler

**Clover Creek Cheese Cellars**

5161 Clover Creek Road  
 Williamsburg PA 16693  
 814-832-3755  
 David & Terry Rice  
 Dairy

**Cooke Tavern Soups**

4158 Penns Valley Road  
 Spring Mills PA 16875  
 814-422-7687

**Dolce Vita**

812 Pike St.  
 Lemont PA 16851  
 814-470-6046  
 Mary Hilliard  
 Bakery

**Dutch Valley Bakery & BBQ**

4699 Penns Valley Road  
 Spring Mills PA

Amos and Katie Yoder  
 State College Tuesday FM

**Elk Creek Café + Aleworks**

100 West Main St./PO Box 432  
 Millheim PA 16854  
 Tim Bowser & Tim Yarrington

**Gaffron's Sunrise Bakery, Est. 1982**

3404 Brush Valley Rd.  
 Centre Hall PA 16828  
 814-364-2650  
 Marge & Toby Gaffron  
 Bakery

**Gamble Mill Tavern & Microbrewery**

160 Dunlap St.  
 Bellefonte PA 16823  
 814-355-7764  
 Dave Fonash and Paul Kendeffy  
 Brewery

**Gemelli Bakers**

129 McCallister Alley  
 State College, PA 16801  
 814-234-8946  
 Tony Sapia

**Goot Esse, Est. 2001**

PO Box 665/125 Main St.  
 Millheim PA 16854  
 814-349-4387  
 Cheesemakers cooperative

**Gummo's Butcher Shop**

65 Hemlock Drive  
 Port Matilda PA 16870  
 814-692-8776  
 Butcher: deer

**Happy Valley Brewing Company**

137 Elmwood St.  
 State College PA 16801  
 Greg Somers, Josh Davies & Scott Lucchesi

**Happy Valley Vineyard & Winery**

576 Foxpointe Dr.  
 State College PA 16801  
 814-308-8756

**Hanover Foods Corp.**

3008 Penns Valley Pike  
 Centre Hall PA 16828  
 814-364-1482  
 Cannery

**Herlocher's Foods Inc.**

415 E. Calder Way  
State College PA 16801  
814-237-0134  
Cannery

**Hog's Galore**

330 Enterprise Drive  
Philipsburg PA 16866  
814-342-7060  
Butcher: pork

**Irving's Bagels**

110 East College Ave.  
State College PA 16801  
814-231-0604

**McAlevy Bakery**

13206 Greenwood Road  
Huntingdon PA 16652  
814-667-3622  
Contact: Kev Cook

**McCready's Deer Processing**

126 McCready Lane  
Hollidaysburg PA 16648  
814-312-6031

**Meyer Dairy**

2390 South Atherton St.  
State College PA 16801  
814-237-1849

**Mount Nittany Vineyard & Winery**

Est. 1990  
300 Houser Rd.  
Centre Hall, PA 16828  
814-466-6673  
Joe and Betty Carroll

**Mountainside Farm & Bakery**

142 Sawmill Road  
Rebersburg PA 16872  
Levi Stoltzfus

**Oak Spring Winery**

2401 E. Pleasant Valley Blvd.  
Altoona PA  
814-946-3766  
Schraff Family

**Otto's Pub & Brewery, Est. 2002**

2235 North Atherton St.  
State College PA 16803  
814-867-6886  
Charlie Schnable & Roger Garthwaite

**Over-the-Moon Farm**

190 View Drive  
Rebersburg, PA 16872  
814-349-2697

Lyn Garling & Patty Neiner  
Butcher: poultry, beef, pork

**Penn State Creamery**

119 Food Science Building  
University Park PA 16802  
814-863-9513  
Contact: Tom Palchak

**Penn State Meats Lab**

Porter Road & Park Ave.  
(across from Beaver Stadium)  
University Park PA 16802  
814-865-1787  
Contact: Glenn Myers  
Butcher: beef, pork, lamb, poultry

**The Piper's Peck**

1667 Valley View Rd  
Bellefonte, PA 16823  
814-355-0125  
Janet Robinson  
Cannery

**Red Hawk Premium Peppers**

55 Mountain View Dr.  
Reedsville PA 17084  
717-667-3891  
Dan Lowenstein  
Cannery

**RipRap Baking**

Mount Pleasant Mills PA 17853  
570-541-3082  
(Products available at Tait Farm)

**Rising Spring Meat Co.**

119 Cooper St.  
Spring Mills PA 16875  
814-442-8810  
Contact: Richard Corl  
Butcher: beef, bison, pork, lamb

**Seven Mountains Wine Cellars**

324 Decker Valley Road  
Spring Mills PA 16875  
814-364-1000  
Scott & Maryann Bubb

**Spirit of the Season**

PO Box 823  
Lemont, PA 16851  
814-777-5008  
Liz Spielvogel  
Baked goods

**Spruce Creek Bakery**

5448 Isett Road  
Spruce Creek PA 16683  
814-632-9820  
Kimmy & Scott Jensen

**Sweet Heat Gourmet**

1919 Fairwood Lane  
State College PA 16803  
814-441-0383  
Shellie Mierwald  
Cannery

**Sweet Indulgence Desserts**

202 S. Harrison Road  
Pleasant Gap PA 16823  
814-359-2655  
Claire Traynor

**Sweet Tooth Bakery**

120 Miller Alley  
State College PA 16801  
814-238-8835  
Cheri Christian

**Three Belle Cheese**

137 Dice Road  
Mifflinburg PA 17844  
570-713-5600  
Contact: Darren Rhyne  
Dairy

**William Thomas Retail Meats**

263 Scout Road  
Hastings PA 16646  
814-237-8324  
Butcher: deer

**Woodfired Bake Shoppe**

183 Eli Drive  
Woodward PA 16882  
Saloma & Rufus Zook

**BUYING LOCAL FOOD: FARMERS MARKETS****Altoona Farmers Market**

Heritage Park – 10<sup>th</sup> Ave. and 14<sup>th</sup> St.  
Altoona PA  
May to November  
Thursdays, 9 a.m. to 2 p.m.

**Amish Market**

Hills Plaza Parking Lot (by Ollie's)  
May to November  
Tues., Thurs. and Sat, 9 a.m. to 5 p.m.

**Bald Eagle Valley Farmers Market**

BEV Community United Methodist Church  
111 Runville Road  
Bellefonte PA 16853  
814-353-8870  
Thursdays, 2:30 to 6:30 p.m.

**Bellefonte Farmers Market**

Courthouse Annex  
108 South Allegheny St.  
Bellefonte PA 16853  
Year Round  
Wed. & Sat. - 7 a.m. to 12 p.m.

**Bellefonte Farmers Market at  
Gamble Mill Tavern**

160 Dunlop St..  
Bellefonte, PA 16823  
814-380-4269  
Manager: Lois Stringer  
April to December  
Saturdays, 8 am - noon

**Boalsburg Farmers Market**

*Summer Location:* May to November  
602 Boalsburg Pike - PA Military Museum  
*Winter Location:* November to May  
113 E. Pine St. - Boalsburg Fire Hall  
Boalsburg, PA 16827  
814-876-3279  
Manager: Tony Sapia  
Tuesdays 2 p.m. - 6 p.m.

**Harrisburg Open Airs Farmers Market**

Harrisburg Farm Show Complex  
Parking Lot  
May to November  
Tues. & Fri. 9 a.m. to 6 p.m.

**Huntingdon Farmers Market**

Penn St. & 7<sup>th</sup> St.  
Huntingdon PA 16652  
Thursdays, 12 to 5 p.m.

**Julian Green Market**

Julian Community Center  
1190 Allegheny St.  
Julian PA 16844  
Monthly, last Saturday, 10 a.m. to 2 p.m.

**Lemont Farmers Market**

Lemont Granary  
133 Mount Nittany Road  
May to October  
Wednesdays, 3 p.m. to 7 p.m.

**Lewisburg Farmers Market**

600 Fairground Road  
Lewisburg PA 17837  
Year Round  
Wednesdays, 8 a.m. to 2 p.m.

**Lewistown/Tri-Valley Farmer's Market**

South Mall Area  
East Market St. & North Dorcas St.  
Lewistown PA 17044  
717-783-6913  
June to October  
Thursday and Saturdays, 9 a.m. to 12 p.m.

**Millheim Farmers Market**

*Summer Location:* May to October  
American Legion Pavilion  
162 West Main Street  
*Winter Location:* February to May  
Bremen Town Ballroom  
105 E. Main St.  
Millheim, PA 16854  
814-349-4406  
Manager: Ben Macneal  
Saturdays 9 a.m. - 1 p.m. (Summer)  
Saturdays 10 a.m. to 1 p.m. (Winter)

**North Atherton Farmers Market**

Est. 2010  
Home Depot Parking Lot  
2615 Greentech Drive  
State College, PA 16803  
814-364-2282  
Manager: Laura Young  
May to November  
Saturdays 10 a.m. - 2 p.m.

**Old Gregg School Winter Market**

106 School Street  
Spring Mills, PA 16875  
814-404-6567  
Manager: Leslie Zuck  
October to December, April to May  
Saturdays 10 a.m. - 1 p.m.

**Philipsburg Farmers Market**  
 Moshannon Building Parking Lot  
 112 E Presqueisle St.  
 Philipsburg, PA 16866  
 814-339-7045  
 May to September  
 Wednesdays, 10 a.m. to 6 p.m.,  
 Saturdays 9 a.m. to 4 p.m.

**Selinsgrove Hometown Harvest  
 Farmers Market**, Est. 2009  
 Market & Pine Streets  
 Selinsgrove PA 17870  
 May to November  
 Saturdays, 9 a.m. to 1 p.m.

**State College Friday Farmers Market**  
 Locust Lane and East Calder Way  
 State College, PA 16801  
 814-422-8735  
 Manager: Barrie Moser  
 May to November  
 Fridays, 11:30 a.m. to 5:30 p.m.

**State College Tuesday Farmers Market**  
 Locust Lane and East Calder Way  
 State College, PA 16801  
 814-364-1925  
 Manager: Betsy Green  
 May to November  
 Tuesdays, 11:30 a.m. - 5:30 p.m.

**State College Winter Farmers Market**  
 State College Borough Building  
 243 South Allen St.  
 State College PA 16801  
 814-349-5594  
 Manager: Raymond Fisher  
 November to April  
 Fridays, 11:30 a.m. to 5 p.m.

**Susquehanna Valley Growers Market**  
 Ard's Farm Market  
 4803 Old Turnpike Road  
 Lewisburg PA 17837  
 570-547-1184  
 May to October  
 Fridays, 2 p.m. to 6 p.m.

**Tri-Valley Amish Farmers Market**  
 Nittany Mall Parking Lot  
 2901 E. College Ave.  
 State College PA 16801  
 May to September  
 Tuesdays, 10 a.m. to 3 p.m.

**Williamsport Growers Market**  
 249 Little League Boulevard  
 Williamsport PA 17701  
 570-433-3040  
 May to November  
 Saturdays, 8 a.m. to 1 p.m.

**BUYING LOCAL FOOD: COMMUNITY SUPPORTED AGRICULTURE (CSA) FARMS****Clan Stewart Farm, Est. 1793**

5662 Wesley Chapel Road  
 Huntingdon, PA 16652  
 814-667-3582  
 Linda & Terry Moist  
 Pork, lamb, poultry, eggs, baked goods,  
 produce, preserves, flowers, herbs

**Dn'D Farms**

140 5<sup>th</sup> Avenue  
 New Paris PA 15554  
 814-793-2151  
 Derrick and Dessie Carpenter  
 Beef, pork, goat, lamb, veal, poultry, eggs

**Eden View Organic Farm**

4707 Warriors Mark Road  
 Tyrone PA 16686  
 814-632-8589  
 Eric & Cindy Noel  
 Produce, chickens

**Fallywalker Farm**

108 Hidden Springs Lane  
 Lower Georges Valley Rd  
 Spring Mills, PA 16875  
 Casey Grove & Michele Alman  
 Produce

**Friends Farm, Est. 1994**

142 Friends Farm Lane  
 Williamsburg PA 16693  
 814-793-9379  
 Christine & John Wise-Favinger  
 Produce, meats

**Greenmoore Gardens**

193 Eagle Field Road  
 Port Matilda, PA 16870  
 814-237-0082  
 Mark Maloney  
 Produce

**Groundwork Farms CSA & Buying Club**

Est. 2005  
 PO Box 158  
 Millheim, PA 16854  
 814-349-8915  
 Nell Hanssen  
 Produce, dairy, eggs, meat

**Healthy Harvest Farm**

2423 Jacksonville Road  
 Bellefonte PA 16823  
 814-355-2842  
 Dave Sandy & Sara Eckert  
 Produce

**Jade Family Farm**

1424 Matamoras Road  
 Port Royal, PA 17802  
 John & Dana Eisenstein  
 717-527-4719  
 Produce, flowers, herbs, crafts

**Plowshare Produce**

12936 Greenwood Road  
 Huntingdon, PA 16652  
 814-667-2756  
 Micah & Bethany Spicher Schonberg  
 Vegetables, fruit, flowers

**Setter's Run Farm**

855 Forest Ave.  
 Bellefonte, PA 16823  
 814-933-1414  
 Produce, flowers, herbs, eggs, chicken

**Tait Farm Community Harvest**

179 Tait Rd.  
 Centre Hall, PA 16828  
 814-466-2386  
 Kim Tait and Bob Anderson  
 Produce

**Village Acres Farm, Est. 1982**

229 Cuba Mills Road  
 Mifflintown PA 17059  
 717-436-9477  
 Roy & Hope Brubaker  
 Produce

**Wild Blumen Farm**

1647 W Gatesburg Rd  
 Warriors Mark, PA 16877  
 814-692-4755  
 Janet Schaufler  
 Produce, eggs, poultry, fleece for spinners

**BUYING LOCAL FOOD: ON-FARM MARKETS****Beiler Family Farm**

225 Ross Hill Road  
 Spring Mills, PA 16875  
 Jonas Beiler  
 Produce, poultry, beef, pork, hay, dairy.  
 Closed Sundays

**Deb's Flower Farm, Est. 1994**

290 Julian Woods Lane  
 Julian, PA 16844  
 353-1270  
 Deb Fisher  
 Flowers  
 M-F 9-5; Sat. 9-4

**Dills Family Farm Market**

4730 Penns Valley Road  
 Spring Mills, PA 16875  
 814-349-5758  
 Seasonal produce  
 July to October

**The Garden Farm Market**

778 Old Fort Road  
 Centre Hall, PA 16828  
 717-476-3143  
 M-F 10 am - 7 pm; Sat-Sun 10 am - 5 pm  
 Eggs, honey, reserves, flowers, herbs

**Harner Farm**

Dan and Pam Harner  
 2191 West Whitehall Road  
 State College, PA 16801  
 Mon-Sat 9am-dusk, Sun noon-5pm  
 May to December  
 Produce, fruit

**Hilltop Farm**

3796 Jacksonville Road  
 Bellefonte PA 16823  
 814-625-2424

**Meyer Dairy**

2390 South Atherton St.  
 State College PA  
 814-237-1849  
 Dairy, bread, eggs  
 Sun – Sat. 8 a.m. to 10 p.m.  
 Milk, cheese, dairy products, bread, eggs,

**Patchwork Farm**

472 Jackson Hill Road  
 Aaronsburg, PA 16820  
 814-349-8257  
 Scott & Eda Case  
 Vegetables, fruit, seedlings  
 April to Nov. - M-Sat. 8 a.m. to 6:30 p.m.,  
 Sun. 12 p.m. – 5 p.m.

**Piper Hill Farm**

980 Forest Ave  
 Bellefonte, PA 16823  
 814-353-8492  
 Nancy Baker  
 Chickens (layers and broilers), duck,  
 turkey, beef, organic feed  
 Year-Round, Mon-Sun, 9 a.m. to 9 p.m.

**Setter's Run Farm**

855 Forest Ave.  
 Bellefonte, PA 16823  
 814-933-1414  
 Produce, flowers, herbs, eggs, chicken  
 CSA, On-Farm Market  
 M-Sun. 8 a.m. - 5 p.m.

**Shuey's Farm Market**

1401 Benner Pike  
 Bellefonte, PA 16823  
 814-237-4578  
 Felix Shuey  
 Produce, eggs, flowers, honey  
 April to Dec.: M-Sat. 8 am – 7 p.m.  
 Sun. 8 a.m. to 6 p.m.

**Sinking Springs Farm**

4325 Halfmoon Valley Rd.  
 Warriors Mark, PA 16877  
 814-692-4877  
 Lori Nauman  
 Chicken, eggs, beef, pork and lamb  
 Year Round - Mon. – Sat. 9 a.m. to 5 p.m.

**Southview Farm**

271 Goodhart Road  
 Centre Hall, PA 16828  
 814-777-7662  
 Wanda White  
 Goats, flowers  
 Year Round - M. – F. 9 a.m. to 5 p.m.  
 Sat. 9 a.m. to 1 p.m.

**Tait Farm Harvest Shop**

179 Tait Rd.  
 Centre Hall, PA 16828  
 814-466-2386  
 Kim Tait and Bob Anderson

**Wasson Farm**

2545 Shingletown Road  
 State College PA 16801  
 814-237-2339

**Way Fruit Farm**

926 Smith Road  
 Port Matilda, PA 16820  
 Produce, full-service grocery  
 M-F 8 a.m. to 6 p.m., Sat. 8 - 5, Closed Sun.

**BUYING LOCAL FOOD: GROCERY STORES****East European Market**

2110 North Atherton St.  
State College PA 16803  
814-867-5220  
Russian Grocery

**Far Corners Oriental Market**

1101 North Atherton St. Suite B  
State College PA 16803  
814-237-5553  
Asian Grocery

**Friends & Farmers Cooperative**

Location TBD  
Steering Group meets first and third  
Wednesdays at Webster's Bookstore

**Giant Foods (2)**

255 Northland Center  
State College PA 16803  
814-237-1828

2222 East College Ave.  
Lemont PA 16801  
814-861-2578

**The Granary, Est. 1988**

2766 West College Ave.  
State College PA 16801  
814-238-4844  
Owner: Leena Scholten  
Organic food, bulk food.  
M, W, F, Sat – 10 a.m. to 6 p.m.  
Th. – 10 a.m. to 7 p.m.

**Homan's General Store, Est. 1995**

125 Old Fort Road  
Spring Mills PA 16875  
814-364-2674  
Bruce & Brenda Homan

**Krishnan Indian Grocery Store**

230 West College Ave.  
State College PA 16801  
814-237-4118

**McClanahan's, Est. 1903 (2)**

116 South Allen St.  
State College PA 16801  
814-861-3530  
Hours: Daily 7:30 a.m. to 10 p.m.

414 E. College Ave.  
State College PA  
Hours: Daily 7 a.m. to 12:00 a.m.

**Nature's Pantry**

2331 Commercial Boulevard  
State College, PA 16801  
814-861-5200  
Owner: Michelle Briggs  
Organic food, bulk food, health products  
M, W, F 9 a.m. -6 p.m.;  
T, Th. 9 a.m.-8 p.m.; Sat. 10 a.m.-5 p.m.

**SC International Market**

328 South Allen St.  
State College PA 16801  
814-238-7679  
Asian Grocery

**That Oriental Store**

451 Railroad Ave.  
State College PA 16801  
814-234-3011  
Asian Grocery

**Trader Joe's**

243 Patriot Lane  
State College PA 16801  
Hours: Daily 8 a.m. to 9 p.m.

**W.C. Clarke's Coffee & Cheese Shoppe**

234 E. Calder Way  
State College PA 16801  
814-234-4244  
Gourmet foods

**Wegman's**

345 Colonnade Blvd.  
State College PA 16803  
814-278-9000  
Hours: 24 hrs/ 7 days

**Weis Markets (3)**

110 Rolling Ridge Drive  
State College PA 16801  
814-231-8397  
Hours: 24 hrs/ 7 days

560 Westerly Parkway  
State College PA 16801  
814-238-1821  
Hours: 24 hrs/ 7 days

1471 Martin St.  
State College PA 16803  
814-237-2500  
Hours: M-Sat, 7 a.m. to 10 p.m.  
Sun – 7 a.m. to 9 p.m.

**BUYING LOCAL FOOD: MAIL-ORDER**

Frankferd Farms (monthly deliveries to State College area)  
717 Saxonburg Blvd. Saxonburg PA 16056; 717-352-9500

**GROWING LOCAL FOOD: FARMS****ABB Bison Farm**

250 Sayers Road  
 Bellefonte PA 16823  
 814-355-2623  
 Ann Brooks & Bill Leonard  
 Bison meat, eggs  
 Bellefonte FM

**Aaron K. King Farm**

167 Zachary Rd.  
 Coburn, PA 16832  
 814-349-8134  
 Produce, livestock

**Ardry Farm**

1095 Snyderstown Road  
 Howard PA 16841  
 814-383-2656  
 Mark Ardry  
 Produce, eggs  
 North Atherton FM, Boalsburg FM,  
 Wegman's

**Beaver Dam Farm, Est. 2010**

356 Deibler Rd  
 Pennsylvania Furnace, PA 16865  
 814-692-8738  
 Larry Harpster  
 Beef and lamb

**Beiler Family Farm**

225 Ross Hill Road  
 Spring Mills, PA 16875  
 Jonas Beiler  
 Produce, dairy, poultry, beef, pork, hay  
 On-Farm Market (Closed Sunday)  
 Boalsburg FM, State College Tuesday FM,  
 State College Friday FM

**Bella's Gardens Fruit**

5041 Route 204  
 Selinsgrove PA 17870  
 603-498-8648  
 Bella & Bill Swayze  
 Fruit, Pick-Your-Own Fruit  
 Lewisburg FM, Susquehanna Valley  
 Growers FM

**Ben L. Stoltzfus Farm**

453 Paradise Road  
 Spring Mills, PA 16875  
 814-349-4454  
 Produce, livestock

**Bergenblick Highland Farm**

601 Smith Lane  
 Linden Hall, PA 16828  
 814-234-2167  
 Jim Rosenberger

Beef

State College Friday FM

**Byler Goat Dairy/Sequoia Farm**

1360 Graver Road  
 Belleville PA 17004  
 717-250-9580  
 James & Darla Byler  
 State College Friday FM, Boalsburg FM  
 Dairy, Wegman's

**Centre Hall Ranch**

3471 Penns Valley Rd.  
 Spring Mills, PA 16875  
 814-422-0306  
 Christ Beiler  
 Produce, livestock

**Centre Ridge Farm**

Earlstown Road  
 Centre Hall, PA 16828  
 814-880-8137  
 Dane & Dean Hooper  
 Small grains (corn, oats, wheat, soybeans)  
 and hays.

**Clan Stewart Farm, Est. 1793**

5662 Wesley Chapel Road  
 Huntingdon, PA 16652  
 814-667-3582  
 Linda & Terry Moist  
 Pork, Lamb, Chicken, Turkeys, Eggs,  
 Baked goods, Vegetables, Flowers, Herbs,  
 Preserves, Flowers, Herbs  
 CSA Sales, Boalsburg FM, Lemont FM,  
 North Atherton FM

**Clover Creek Cheese Cellars**

5161 Clover Creek Road  
 Williamsburg PA 16693  
 814-832-3755  
 Dave & Terry Rice  
 Milk, cheese, beef  
 Boalsburg FM, Juniata FM

**Common Ground Organic Farm,**

Est. 1986  
 176 Zuck Road  
 Spring Mills PA 16875  
 814-364-9171  
 Leslie Zuck  
 Produce, lamb, chicken, turkey, eggs.

**Cow-a-Hen Farm**

1760 Centennial Road  
 Mifflinburg, PA 17844  
 502-966-2678  
 Bill Callahan  
 Beef, chicken, pork

Boalsburg FM, North Atherton FM,  
Millheim FM

**Cramer Farm**

350 Crust Road  
Howard PA 16841  
814-883-1564  
Diane Cramer  
Produce, berries, preserves, baked goods  
CSA Sales – May to December

**Creeside Organics**

678 Sinking Creek Rd.  
Spring Mills, PA 16875  
814-422-8995  
Mark & Doris Kauffman  
Produce, livestock

**Crossroads Farm**

200 Old Fort Road  
Spring Mills, PA 16875  
364-2424  
Eggs, baked goods, preserves, educational  
programs

**Dancing Creek Farm**

193 Barton Hill Road  
Port Royal, PA 17082  
717-527-2831  
Mick Kodner  
Produce, chicken, seeds, barbecue sauce  
CSA Sales, Tuscarora Organic Growers Co-  
op, North Atherton FM

**Daniel B. Fisher Farm**

121 Toy Cow Lane  
Aaronsburg, PA 16820  
814-349-5675  
Produce, dairy, beef, hay, pasture

**Dawg Gone Bees, Est. 2010**

1028 Meadowlark Lane  
Lock Haven, PA 17745  
717-968-5965  
Jacki & Hal Mack  
Honey, beeswax, preserves

**Deb's Flower Farm, Est. 1994**

290 Julian Woods Lane  
Julian, PA 16844  
353-1270  
Deb Fisher  
Flowers  
On-Farm Market, M-F 9-5; Sa 9-4, State  
College Friday FM, Lemont FM

**Demeter's Garden/Lost Hollow Honey**

203 Chestnut St  
Spring Mills, PA 16875  
814-364-2669  
Mike & Virginia Byers

Seasonal produce, honey, baked goods  
North Atherton FM, State College Friday  
FM

**Dills Family Farm Market**

4730 Penns Valley Road  
Spring Mills, PA 16875  
814-349-5758  
Produce  
On-Farm Market (July – October)

**Dn'D Farms, Est. 2001**

Derrick and Dessie Carpenter  
140 5<sup>th</sup> Avenue  
New Paris PA 15554  
Beef, pork, goat, lamb, veal, poultry, eggs,  
soaps, lotions  
814-793-2151  
CSA Sales, State College Tuesday FM

**Ecosophy Farm**

123 Blue Heron Drive  
Woodward PA 16882  
814-349-8029  
Warren and Tina Leitzel  
Garlic, garlic seed  
Online sales, Millheim FM

**Eden View Organic Farm**

4707 Warriors Mark Road  
Tyrone PA 16686  
814-632-8589  
Eric & Cindy Noel  
Produce, chickens  
CSA Sales, Boalsburg FM, Old Gregg  
School FM, Altoona FM

**Egg Hill Gardens, Est. 2010**

3995 Upper Georges Valley Rd.  
Spring Mills, PA 16875  
814-422-8363  
Betsy Green  
Produce, flowers, plants  
State College Tuesday FM

**Egypt Hollow Gardens**

Bellefonte PA  
Thomas Smith  
Produce, garlic  
Bellefonte FM

**Elam G. & Elsie B. Stoltzfus Farm**

339 Decker Road  
Centre Hall, PA 16828  
814-364-2643  
Elam & Elsie Stoltzfus  
Hay, livestock

**Elam J. & Lydia Ann Beiler Farm**

241 Decker Road  
Centre Hall, PA 16828

814-364-9153  
Elam & Lydia Beiler  
Livestock

**Eli S. Esh Farm/Hill-Dale Farm**

801 Penns Creek Road  
Spring Mills, PA 16875  
814-349-5323

**Eli Yoder**

190 Blue Heron Dr.  
Woodward PA 16882  
814-349-4390 Ext. 1  
Flowers, baked goods

**Emminger Farm**

Bellefonte PA  
Heather Emminger  
Produce, flowers, garlic

**Elk Creek Fish Hatchery**

515 Millheim Narrows  
Rebersburg, PA 16872  
814-349-5814  
Dan Brigham  
Trout- rainbow, brook and brown

**Fallywalker Farm**

108 Hidden Springs Lane  
Lower Georges Valley Rd  
Spring Mills, PA 16875  
Casey Grove & Michele Alman  
Produce  
CSA Sales

**Fawn Fields Farm, Inc.**

153 Raymonds Lane  
Bellefonte, PA 16823  
814-355-3940  
Nancy Killeen  
Seasonal greens

**Fetterolf Family Farms**

126 Red Power Drive  
Aaronsburg, PA 16820  
814-861-5200  
Dave Fetterolf  
Beef, lamb  
Sales through Nature's Pantry

**Fiedler Farm**

165 Apple Butter Road  
Aaronsburg, PA 16820  
814-349-8915  
Bob Vernon & Nell Hanssen  
Pork, chicken, herbs, educational  
programs  
CSA Sales (Groundwork Farms CSA)

**Full Circle Farms, Est. 1980**

132 Goodhart Road

Spring Mills, PA 16875  
814-364-2885  
Sabina & Tom Carey  
Seasonal flowers and herbs

**Friends Farm, Est. 1994**

142 Friends Farm Lane  
Williamsburg PA 16693  
814-793-9379  
Produce, meats  
Christine & John Wise-Favinger  
CSA, On-Farm Market Sat. 9 a.m. to 4 p.m.

**Garden Farm Market**

778 Old Fort Road  
Centre Hall, PA 16828  
717-476-3143  
On-Farm Market - M-F 10 am - 7 pm; Sat-  
Sun 10 am - 5 pm  
Eggs, honey, reserves, flowers, herbs

**Green Acres Farm**

291 Middle Rd.  
Aaronsburg, PA 16820  
814-349-8096  
Amos King  
Seasonal produce, baked foods, dairy  
products, honey

**Greenmoore Gardens**

193 Eagle Field Road  
Port Matilda, PA 16870  
814-237-0082  
Mark Maloney  
Produce  
CSA Sales, North Atherton FM

**Groundwork Farms, Est. 2005**

PO Box 158  
Millheim, PA 16854  
814-349-8915  
Nell Hanssen  
Produce, dairy, eggs, meat  
CSA Sales

**Halflinger Farm**

155 Smullton Road  
Rebersburg, PA 16872  
Produce, baked goods, eggs, preserves

**Half Acre Farm**

2325 Circleville Road  
State College PA 16803  
814-231-3927  
Liam and Katy Goble

**Half Moon Valley Llamas**

3156 Marengo Road  
Port Matilda PA 16870  
Bob Bush and Dawn Mulligan  
814-692-0019

**Harner Farm**

2191 West Whitehall Road  
 State College, PA 16801  
 814-237-7919  
 Dan & Pam Harner  
 Seasonal produce  
 On Farm Market, May – Dec  
 Mon. - Sat 9 am-dusk, Sun. 12-5pm)  
 State College Friday FM

**Haas Farm**

251 View Dr.  
 Rebersburg, PA 16872  
 Sherman Haas  
 Pork, beef, hay  
 On-Farm Market (M-F 8-5, Sa 8-12)

**Healthy Harvest Farm, Est. 2012**

2423 Jacksonville Road  
 Bellefonte PA 16823  
 814-355-2842  
 Dave Sandy & Sara Eckert  
 Seasonal produce  
 CSA Sales

**Hess Farm**

150 Hess Lane  
 State College, PA 16801  
 814-466-6579  
 Beef, hay

**Hidden Hollow Farm**

Woodward PA  
 Produce, eggs, flowers, beef, pork,  
 poultry, rabbit, baked goods  
 Farmers Market sales

**Hilltop Farm Greenhouse Market**

3796 Jacksonville Road  
 Bellefonte PA  
 814-625-2424  
 Henry Stoltzfus  
 Produce, baked goods  
 On-Farm Market (M-F 8-6; Sa 8-4)

**Howard's End Farm**

345 Hidden Valley Lane  
 Howard, PA 16841  
 814-625-2308  
 Seasonal produce  
 CSA Sales, North Atherton FM, State  
 College Friday FM

**J.L. Farm**

3392 Shingletown Road  
 State College, PA 16801  
 Produce, herbs, fruit trees, perennials

**Jade Family Farm**

1424 Matamoras Road  
 Port Royal, PA 17802

John & Dana Eisenstein  
 Seasonal produce, flowers, herbs, crafts  
 CSA Sales, Boalsburg FM  
 717-527-4719

**Joel B. King Farm**

344 Crust Road  
 Howard, PA 16841

**John A. Stoltzfus Farm**

5129 Brush Valley Rd.  
 Rebersburg, PA 16872

**Lang Farm**

184 Beaver Dam Road  
 Spring Mills, PA 16875

**Long Lane Farm, Est. 1983**

424 Long Lane  
 Coburn, PA 16832  
 814-349-5267  
 Susan & Rob Haney  
 Seasonal produce  
 State College FM, Millheim FM?

**Long Lane Flowers**

153 West Main Street  
 PO Box 401  
 Millheim, PA 16854  
 814-349-5683  
 Susan and Greta Haney  
 Flowers, herb

**Macneal Orchard and Sugarbush**

7104 Brush Valley Road  
 Rebersburg, PA 16872  
 814-349-4406  
 Ben Macneal  
 Apples, maple syrup  
 Millheim FM

**McNitt's Fruit Farm**

Bill McNitt  
 10 Apple Place Lane  
 Milroy, PA 17063  
 717-667-3873  
 Seasonal produce  
 State College Friday FM

**Melvin F. Stoltzfus Farm**

283 Paradise Rd.  
 Spring Mills, PA 16875

**Menno S. Stoltzfus Farm**

712 Old Pike Road, Apt 1  
 Rebersburg, PA 16872

**Meyer Dairy**

2390 South Atherton St.  
 State College PA  
 814-237-1849

Dairy, bread, eggs  
On-Farm Market – 8 a.m. to 10 p.m.

**Moser's Garden Produce**

3207 Brush Valley Rd  
Centre Hall, PA 16828  
814-364-1925  
Seasonal produce  
Barrie and Mandy Moser  
State College Tuesday FM, State College  
Friday FM

**Mothersbaugh Farm**

3649 Brush Valley Road  
Spring Mills, PA 16875  
814-364-9482  
Chuck Mothersbaugh  
Tomatoes, cucumbers  
Boalsburg FM, State College Friday FM

**Mountain Acres Farm**

350 Mountain Road  
State College, PA 16801  
Fruit

**Mountainhome Farm**

605 Sengle Lane  
Julian, PA 16844  
814-355-2655  
JoAnn and John Sengle  
Pick-your-own blueberries (by  
appointment)  
July to August, M-F, 6 p.m. to dark

**Mountainside Farm and Bakery**

142 Sawmill Road  
Rebersburg PA 16872  
Levi Stoltzfus  
Produce, baked goods  
State College FM

**Mountainside Homestead**

345 Pine Creek Road/PO Box 121  
Woodward PA 16882  
814-880-1228  
Dan & Kathy Shimp  
Produce, pork, beef, lamb, goat, poultry,  
eggs, fermented foods, body care,  
educational workshops

**Musser Farm**

793 Musser Lane  
Bellefonte, PA 16823  
814-355-0038  
Tom Musser  
On-Farm Market - M, T, Th & F - 9 am - 7  
pm, Sat. 9 a.m. - 5 p.m.  
Eggs, dairy, meat, preserves, livestock

**Nittany Valley Farms**

671 Gabrick Road

Pleasant Gap PA 16823  
814-359-4464  
Dave Grove & Boyd Carl  
Corn  
North Atherton FM, Bellefonte FM

**Over-the-Moon Farm, Est. 1998**

190 View Drive  
Rebersburg, PA 16872  
814-349-2697  
Lyn Garling & Patty Neiner  
Beef, poultry, eggs, dairy heifers, hay  
Sales at Tait Farm.

**Patchwork Farm**

472 Jackson Hill Road  
Aaronsburg, PA 16820  
814-349-8257  
Scott & Eda Case  
Vegetables, fruit, seedlings  
On-Farm-Market – April to Nov., M-Sat. 8  
a.m. to 6:30 p.m., Sun. 12 p.m. – 5 p.m.  
State College Friday FM, Boalsburg FM

**PSU Russell Larsen Agricultural  
Research Farm**

2710 West Pine Grove Road  
Pennsylvania Furnace PA 16865  
814-692-5262  
Contact: Bob Oberheim

**Piper Hill Farm**

980 Forest Ave  
Bellefonte, PA 16823  
814-353-8492  
Nancy Baker  
Chickens (layers and broilers), duck,  
turkey, beef, organic feed  
On-Farm Market – Year-Round, Mon-Sun,  
9 a.m. to 9 p.m.

**Piper's Peck , Est. 1998**

1667 Valley View Rd  
Bellefonte, PA 16823  
814-355-0125  
Janet Robinson  
Salsas, sauces, fudge, preserves, gift  
baskets  
Boalsburg FM, State College Friday FM

**Plowshare Produce**

12936 Greenwood Road  
Huntingdon, PA 16652  
814-667-2756  
Micah & Bethany Spicher Schonberg  
CSA – vegetables, fruit, flowers

**Round Top Farms**

252 Boyd Road  
Port Matilda, PA 16870  
814-692-8432 (crops)

814-692-7092 (livestock)  
Donald & Jeff Spackman  
Produce, hay, rye, lamb, maplesyrup, wool  
Sales by appointment & through  
cooperative

**Setter's Run Farm**

855 Forest Ave.  
Bellefonte, PA 16823  
814-933-1414  
CSA, On-Farm Market  
Mon. -Sun. 8 a.m. - 5 p.m.  
Produce, flowers, herbs, eggs, chicken

**Shady Grove Farm**

2154 Monument Orviston Rd.  
Beech Creek, PA 16822  
Bette Toth and TJ Boob  
Pork, eggs

**Shady Locust Produce**

181 Rockville Road  
Rebersburg, PA 16872  
814-349-5212  
Produce, livestock  
Benuel & Sarah Lapp

**Shope's Katahdins, Hair Sheep**

573 Lyonstown Road  
Bellefonte, PA 16823  
814-355-5506  
Lamb

**Shuey's Market**

1401 Benner Pike  
Bellefonte, PA 16823  
814-237-4578  
Felix Shuey  
Vegetables, fruit, eggs, flowers, honey  
On Farm Market - April to Dec.  
M-Sat. 8 am - 7 p.m. Sun. 8 a.m. to 6 p.m.

**Sinking Springs Farm**

4325 Halfmoon Valley Rd.  
Warriors Mark, PA 16877  
814-692-4877  
Lori Nauman  
Chicken, eggs, beef, pork and lamb  
On Farm Market - Year Round  
Mon. - Sat. 9 a.m. to 5 p.m.

**Southview Farm**

271 Goodhart Road  
Centre Hall, PA 16828  
814-777-7662  
Wanda White  
Goats, flowers  
On-Farm Market - Year Round  
Mon. - Fri. 9 a.m. to 5 p.m.  
Sat. 9 a.m. to 1 p.m.

**Spirit of the Season**

PO Box 823  
Lemont, PA 16851  
814-777-5008  
Liz Spielvogel  
Vegetables, plants, baked goods  
State College Tuesday FM

**Spring Bank Acres**

531 Millheim Narrows  
Rebersburg, PA 16872  
814-349-5594  
Raymond & Mary Fisher  
Produce, dairy  
State College Friday FM

**Stone Meadow Farm**

190 Quarry Road  
Woodward, PA 16882  
814-349-8841  
Brian Futhey  
Dairy, cheeses, beef, veal  
Boalsburg; Lewisburg; Millheim FM

**Stony Ridge Farm**

Bellefonte PA  
Alvin Stoltzfus  
Dairy, baked Goods, vegetables  
Bellefonte FM

**Sunflower Farm**

P.O. Box 10771  
State College PA 16805-0771  
814-349-8313  
Chuck Roeschen and Karen Rath  
State College Friday FM

**Sweet Root Orchard**

Pennsylvania Furnace PA  
Thomas & Winifred Drake  
Fruits, Vegetables, baked goods  
State College Tuesday FM

**Tait Farm**

179 Tait Rd.  
Centre Hall, PA 16828  
814-466-2386  
Kim Tait and Bob Anderson  
Vegetables, fruit, herbs, preserves, dairy,  
baked goods  
CSA & On-Farm Market

**Tamarack Farm**

198 Immel Rd.  
Spring Mills, Pennsylvania 16875  
814-422-8041  
Janice Jenkins & Michael Arthur,  
Vegetables, fruit, herbs, eggs, lamb, wool

**Thistle Creek Farm**

4962 Greystone Lane

Tyrone PA 16686  
814-632-8609  
Grass-fed beef  
Available at Wegman's

**TRB Swine Farm**

60 Municipal Lane  
Port Matilda, PA 16870  
814-692-2164  
Vicki Brown  
Pork, beef, hay, livestock  
Sales by appointment

**Twin Fir Farm**

355 Indian Lane  
Centre Hall, PA 16828  
814-364-9270  
Dick Decker  
Alfalfa hay, straw and field corn

**Village Acres Farm, Est. 1982**

229 Cuba Mills Road  
Mifflintown PA 17059  
717-436-9477  
Roy & Hope Brubaker  
Vegetables, fruit  
CSA, Online sales

**Vint Farm**

370 Highland Trail  
Middleburg PA 17842  
570-837-5351  
Bill Vint & Sally Barbour  
Blueberries  
Millheim FM

**Wasson Farm**

2545 Shingletown Road  
State College PA 16801  
814-237-2339  
On Farm Market

**Way Fruit Farm, Est. 1826**

926 Smith Road  
Port Matilda, PA 16820  
814-692-5211  
Brooks & Sharon Way  
Vegetables, fruit, full-service grocery  
On Farm Market & Café - Mon.-Fri. 8 am  
to 6 p.m., Sat 8 to 5  
Boalsburg FM, State College Friday FM

**Weedy Ridge Farm**

153 Eagle Drive  
Howard PA 16841  
Jackie Aberegg  
Pork, chicken, eggs, goat, soaps  
Bellefonte FM & Musser's Farm Store

**Wild for Salmon**

521 Montour Blvd.  
Bloomsburg PA 17815  
Steve and Jenn Kurian  
Boalsburg FM

**Wild Blumen Farm**

1647 W Gatesburg Rd  
Warriors Mark, PA 16877  
814-692-4755  
Janet Schaufler  
Vegetables, fruit, eggs, poultry, fleece for  
hand-spinners  
CSA (May through October)

**Willow Spring Farm**

1420 Pine Creek Road  
Coburn, PA 16832  
814-574-5663  
Jeff McClellan  
Hay  
On-Farm Sales - M. - Sun. 7 a.m. to 8 p.m.

**Woodfired Bake Shoppe**

183 Eli Drive  
Woodward PA 16882  
Saloma & Rufus Zook  
Produce, baked goods  
Millheim FM

**Woodside Acres**

154 School Lane  
Spring Mills PA 16875  
814-349-8674 Ext. 1  
Jake & Sarah Anne Stoltzfus  
Vegetables, berries, potato chips  
N. Atherton & State College Tuesday FM

**Young American Growers**

119 Sinking Creek Road  
Spring Mills, PA 16875  
814-364-2282  
Jay & Laura Young  
Goats and astilbes  
North Atherton FM

**GROWING LOCAL FOOD: GARDENS***COMMUNITY, CHURCH, SCHOOL & DEMONSTRATION GARDENS  
GARDEN CLUBS & CONSULTANTS***Annual Garden Tours**

League of Women Voters  
Bellefonte Garden Club  
PA Native Plant Society

**Altoona Community Garden**

830 7<sup>th</sup> Avenue  
Altoona PA 16602  
814-941-7711 ext. 401  
Contact: Cassandra VanNest  
Produce donated to local food banks

**Boalsburg Garden Club, Est. 1957**

420 Loop Road  
Boalsburg PA 16827  
814-466-6121  
Contact: Grahame Pratt  
Meets first Fridays

**Bellefonte Childrens Garden, Est. 2007**

Bellefonte Historical Museum  
203 North Allegheny St.  
Bellefonte PA 16823  
Contact: Beverly Harader  
814-355-4174

**Bellefonte Garden Club**

Bellefonte Historical Museum  
203 North Allegheny St.  
Bellefonte PA 16823  
Contact: Cheryl Fugate  
814-353-1102  
Meets third Tuesdays, 6:30 p.m. at 203 N.  
Spring St.

**Corl Street Elementary School Garden**

235 South Corl St.  
State College PA 16801  
814-231-1185  
Contact: Jean Oesterlong and Celeste  
Newcomb  
Learning Garden for kids.

**Centre Furnace Mansion Garden  
Committee, Est. 2011**

1001 E. College Ave.  
State College PA 16801  
814-234-4779

**Delta Program School Garden**

Fairmount School  
154 West Nittany Ave.  
State College PA 16801  
814-231-1000

**Discovery Space of Central PA  
Children's Garden**

112 West Foster Ave. Suite 1  
State College PA 16801  
814-234-0200  
Maintained by PSU Master Gardeners

**Easterly Parkway Elementary School  
Garden**

234 Easterly Parkway  
State College PA 16801  
814-231-1170  
Contact: Bruce Hockenberry  
Learning Garden for kids

**Faith Garden at Faith United Methodist  
Church**

512 Hughes St.  
Bellefonte PA 16823  
814-355-3358  
Contact: Bethany Carter  
Portion to food bank, rest for gardeners

**GardenStarters**

Project of Clearwater Conservancy  
2555 North Atherton St.  
State College PA 16801  
814-237-0400  
Contact: Sarah Edge  
Workshops, demonstration gardens at  
Millbrook Marsh Nature Center

**Good Shepherd Lutheran  
Church Garden**

851 Science Park Road  
State College PA 16801  
Contact: Roger Finke  
814-234-1388  
Produce donated to food banks.

**Half Moon Township Garden Club**

Half Moon Valley Road & Municipal Lane  
Port Matilda PA 16870  
814-692-7396  
Contact: Alice McGregor  
Meets first Thursdays at 1 p.m.

**Harris Township Community Garden  
Est. 2009**

100 Honeysuckle Drive  
Boalsburg PA 16827  
570-506-6646  
Contact: Nellie Bhattarai  
21 plots

**Healing Ground Permaculture Design**

372 Matilda Ave.  
Lemont PA 16851  
814-237-5569  
Contact: Jackie Bonomo  
Edible landscape design

**Linden Hall Garden Club**

1590 Brush Valley Road  
Centre Hall PA 16828  
814-466-6459  
Contact: Norman Bierly

**Neo-Terra Experts**

P.O. Box 24  
Lemont PA 16851  
814-234-0836  
Gene Bazan & Tania Slawecki  
Sustainable food & energy education &  
consulting

**Haugh Community Garden**

in Circleville Park, Patton Township  
200 Little Lion Drive (off Valley Vista)  
State College PA 16803  
814-234-0271  
Ken Soder  
25 plots, 500 square feet each

**Penns Valley Learning Garden**

Est. 2009 at American Legion Post  
162 West Main St.  
Millheim PA 16854  
814-349-8842  
Contact: Brian Burger, Julie Mason

**PSU Center for Sustainability**

**Community Garden, Est. 2009**  
Off Porter Road, below Medlar Field  
President: Scott Salesky  
Faculty Representative: Dave Mortensen  
814-865-1906  
100 plots, 150 square feet each

**PSU Master Gardeners, Est. 1982**

Room 322 Willowbank Building  
420 Holmes Ave.  
Bellefonte PA 16823  
and  
201 Agricultural Admin. Building  
University Park PA 16802  
814-355-4897  
Contact: Molly Sturniolo  
Educational programs, information  
hotline for gardeners

**Pennsylvania Furnace Food Bank  
Garden**

Route 45 & Tadpole Road

P.O. Box 42  
Pennsylvania Furnace PA 16865  
814-238-4439  
Contact: Mary Watson  
Vegetables donated to State College Area  
Food Bank

**Radio Park Elementary School Garden**

800 West Cherry Lane  
State College PA 16803  
814-231-4115  
Lisa Broniszewsk or Deb Nungesser  
Learning garden for kids

**State College Friends Meeting House  
Community Garden, Est. 2012**

611 E. Prospect Ave.  
State College PA 16801  
814-237-0996  
Contact: Katherine Watt  
14 plots, 100 square feet each.

**Talleyrand Park Edible Garden**

Project of Talleyrand Park Committee  
222 W. High St.  
Bellefonte PA 16853  
814-355-1458  
Contact: True Fisher  
Produce donated: Faith Centre Food Bank

**Tudek Park Community Garden,  
Est. 2005**

In Tudek Park, Ferguson Township  
425 Park Crest Lane  
State College PA 16801  
814-231-3071  
Contact: Jada Light, CRPR  
110 plots, 300 square feet each

**VeggieCommons, Est. 2011**

1114 South Pugh Street  
State College PA 16801  
Founder: Dana Stuchul  
Garden education, installation &  
maintenance

**Wilson's Home Grown Farms, Est. 2011**

P.O. Box 1128  
State College PA 16804  
610-322-1990  
Owner: Woody Wilson  
Garden installation & maintenance

**Youth Haven Garden**

330 S. Burrowes St.  
State College PA 16801  
814-234-2100  
Contact: Marilyn LaVelle  
Raised bed gardens for youth shelter

**GROWING LOCAL FOOD: SUPPLIERS***COMPOST, TOPSOIL, TOOLS, HARDWARE, LUMBER, SEEDS, PLANTS, ANIMAL FEED***Annual Plant Sales (May)**

- PSU Master Gardeners
- PA Native Plant Society
- Boalsburg Garden Club
- Lemont Garden Club
- Centre County Historical Society

**Ace Hardware**

150 Rolling Ridge Drive  
 State College PA 16801  
 814-237-3333  
 Contact: Grant H. Rosenberger  
 Hours: M-F: 7 a.m. to 8 p.m.  
 Sat. 8 a.m. to 6 p.m.  
 Sun. 10 a.m. to 5 p.m.  
 Also in Milesburg, Tyrone, Huntingdon

**Best Line Equipment**

140 Hawbaker Industrial Drive  
 State College PA 16803  
 814-237-9050 and  
 2013 General Potter Highway  
 Centre Hall PA 16828  
 814-237-0897  
 Tool rental

**Blackhawk Homestead Nursery,**

Est. 1974  
 389 Blackhawk Road  
 Centre Hall PA 16828  
 814-364-9668  
 Hard to find plants, aquatics

**Centre Hall Farm Store**

110 West Allison St.  
 Centre Hall PA 16828  
 814-364-1393

**College Gardens Nursery**

2481 Commercial Boulevard  
 State College PA 16801  
 814-237-6801  
 Trees, shrubs, plants, landscaping  
 M – Sat 9 a.m. to 8 p.m.,  
 Sun. 11 a.m. to 5 p.m.

**E & L Supply**

3366 Penns Valley Pike  
 Spring Mills PA  
 814-422-0370  
 Hours: M-F – 9 a.m. to 6 p.m.  
 Sat. 9 a.m. to 12 p.m.

**Fox Hill Gardens**

1035 Fox Hill Road  
 State College PA 16803  
 814-237-9087

Contact: Holly D'Angelo  
 Natives, trees, shrubs, perennials

**Harner Farm**

2191 West Whitehall Road  
 State College, PA 16801  
 814-237-7919  
 Seedlings

**Home Depot**

2615 Green Tech Drive  
 State College PA 16830  
 814-238-1524  
 Hours: M-F & Sun. 6 a.m. to 10 p.m.  
 Sat. 8 a.m. to 8 p.m.

**Leidig's Farm**

2546 Ridge Road  
 Tyrone PA 16686  
 Contact: Donna Leidig  
 814-632-6986  
 Vegetables, flowers

**Lezzer Lumber**

2350 E. College Ave.  
 State College PA 16801  
 814-237-3511  
 M-F 7 a.m. to 4 p.m.

**Lowe's Home Center**

104 Valley Vista Drive  
 State College PA 16803  
 814-321-9130  
 Hours: M-Sat 7 a.m. to 10 p.m.  
 Sun. 8 a.m. to 8 p.m.

**Martin's Garden Center, Est. 1999**

3278 Birmingham Pike  
 Tyrone PA 16686  
 Contact: Luke Martin  
 814-669-5008  
 Farm market, garden center

**Millheim Small Engine and Hardware**

Est. 1994  
 4855 Penns Valley Road  
 Spring Mills PA  
 814-349-5007  
 Hours: M-F 7:30 a.m. to 6 p.m.  
 Sat. 8 a.m. to 1 p.m.

**Nature's Cover**

3093 Benner Pike  
 Bellefonte PA 16823  
 814-355-1960  
 Compost, topsoil, mulches

**Nittany Valley Feed & Hardware**

1169 Nittany Valley Drive  
 Bellefonte PA 16823  
 814-355-4930

Hours: M-F 8 a.m. to 6 p.m.  
 Sat. 8 a.m. to 4 p.m., Closed Sun.

**PSU Master Gardener's, Est. 1982**

201 Agricultural Administration Building  
 University Park PA 16802  
 355-4897

Contact: Molly Sturniolo  
 Annual Plant Sale, Soil Testing

**Rock Garden, The**

176 Brush Valley Road  
 Oak Hall PA 16827  
 814-466-2100

Contact: Laura & Joe Stephenson  
 Perennials, hypertufa troughs

**Rozick's Greenhouse**

1567 Quarry Road  
 Tyrone PA 16686  
 814-684-5511

**Sammis Nursery**

2407 Upper Brush Valley Road  
 Centre Hall PA 16828  
 814-364-2881

Mon – Sat. 10 a.m. to 6 p.m.,  
 Sun 10 a.m. to 5 p.m.

**State College Borough Compost**

Department of Public Works  
 330 S. Osmond St.  
 State College PA 16801  
 814-234-7140

Purchase bags of finished compost at 330  
 S. Osmond. Drop off grass clippings; pick  
 up compost at parks (Sunset, Lederer,  
 Holmes-Foster, Orchard, Tusseyview).  
 Home delivery available for fee.

**Tait Farm Greenhouse, Est. 1980**

179 Tait Road  
 Centre Hall 16828

814-466-2386

Contact: Kim Tait  
 Seeds, seedlings, trees, shrubs

**Tractor Supply**

965 Benner Pike  
 State College PA 16801  
 814-867-3337

Hours: M-Sat. 8 a.m. to 8 p.m.  
 Sun. 9 a.m. to 6 p.m.  
 Hardware, fencing, garden supplies,  
 plants, trees, shrubs, chicks, animal feed.

**Triangle Building Supply**

1076 East Bishop St.  
 Bellefonte PA 16823  
 814-355-5885

Hours: M-F 7 a.m. to 6 p.m.  
 Sat. 8 a.m. to 3 p.m.  
 Sun. 10 a.m. to 2 p.m.

**Wheatfield Nursery, Est. 2007**

1948 General Potter Highway  
 Centre Hall PA 16828  
 814-364-2255

Contact: Scott Burk  
 Hours: Mon. – Sat 9 a.m. to 5 p.m.  
 Trees, perennials, topsoil

**Wisoy for Animals**

424 West Aaron Dr.  
 State College PA 16803  
 814-231-8711

Hours: M-F 9 a.m. to 8 p.m.  
 Sat. 9 a.m. to 5 p.m.  
 Sun. 12 p.m. to 5 p.m.  
 Chicken feed

**Zook's Lumber**

327 Smullton Road  
 Rebersburg PA 16872  
 814-349-5749

J.G. Zook  
 M-F 7 a.m. to 4 p.m.  
 Sat. 7 a.m. to 11:30 a.m.

**GROWING LOCAL FOOD: EDUCATION & ADVOCACY****Central PA Farmers**

Contact: Louisa Smith  
814-321-5973  
Farmers' market marketing association.  
(Bellefonte, Boalsburg, Lemont, Old Gregg  
School, Millheim, North Atherton, State  
College Tuesday and State College Friday  
Farmers Markets.)

**Centre County Buy Fresh Buy Local**

Coordinator: Kristin Hoy, PASA  
P.O. Box 419  
Millheim PA 16854  
814-349-9856 Ext. 11

**4-H Club - Centre County Chapter**

Penn State University  
116 Ferguson Building  
University Park PA 16802  
863-3828  
Contact: Christy Bartley  
Children's agriculture programs

**4-H Club - Pennsylvania Office**

115 Ag Sciences & Industries Bldg  
University Park PA 16802  
814-863-3824

**Centre County Farm Bureau**

at Grange Fair Office  
169 Homan Lane  
Centre Hall PA 16828  
814-422-8686  
Contact: Daniel Kniffen  
Meets third Tuesday 7:30 p.m.

**Centre County Farmland Trust**

at Willowbank Office Building  
420 Holmes St.  
Bellefonte PA 16823  
814-355-6791  
Mail to: P.O. Box 604  
Centre Hall PA 16828  
Contact: Sarah Parker  
Farm conservation programs

**Centre County Pomona Grange #13**

153 Quarry St.  
Bellefonte PA 16823  
814-353-1375  
Contact: Barbara Gates

**Centre Region Parks & Recreation**

2643 Gateway Drive  
State College PA 16801  
814-231-3071  
Gardening classes; demonstration gardens

**Farmland Preservation Artists of**

**Central PA**, Est. 2005  
Contact: Jill Foster  
814-359-3112  
Farm conservation through art

**GardenStarters**

at Clearwater Conservancy  
2555 North Atherton St.  
State College PA 16801  
814-237-0400  
Contact: Sarah Edge

**Good Food Neighborhood**

at PASA  
P.O. Box 419  
Millheim PA 16854  
Contact: Hannah Smith  
717-250-0725  
Local food marketing & education

**Greenmoore Gardens FarmCamp**

Eagle Field Road  
Port Matilda PA 16870  
814-237-0082  
Contact: Mark Maloney  
Summer farm-based day camps and  
overnight camps for children

**Neo-Terra Experts**

P.O. Box 24  
Lemont PA 16851  
814-234-0836  
Contact: Gene Bazan & Tania Slawecki  
Sustainable food & energy education &  
consulting

**New Harmony Farmstead**

174 Bartges Road  
Coburn PA 16832-7803  
814-349-8842  
Contact: Brian Burger  
Farm-based educational programs.

**Farm to School - Pennsylvania**

PSU Nutritional Sciences Department  
110 Chandlee Laboratory  
University Park, Pennsylvania 16802  
PA lead organization for the National  
Farm to School Network, establishing  
relationships between local foods and  
schoolchildren.

**Osher Lifelong Learning Institute**

126 Outreach Building  
University Park PA 16802  
814-867-4278  
Contact: Sarah Benton

Mon – Fri. 9 a.m. – 4 p.m.  
Classes in cooking, baking, knitting,  
quilting and more.

**Pennsylvania Association for  
Sustainable Agriculture**

P.O. Box 419  
Millheim PA 16854  
814-349-9846  
Contacts: Brian Snyder & Kristin Hoy  
On-farm education, land-lease services,  
and legislative advocacy; annual  
sustainable ag conference

**Pennsylvania Certified Organic**

106 School Street  
Spring Mills PA 16875  
814-422-0251  
Contact: Leslie Zuck  
Organic certification for farms and  
processors

**Pennsylvania Native Plant Society**

1001 E. College Ave.  
State College PA 16801  
814-933-6246  
Contact: Jean Najjar

**Pennsylvania Women’s Agricultural  
Network**

302 Armsby Building  
University Park PA 16802  
814-863-4489  
Contact: Ann Stone

**PSU Center for Sustainability**

310 Sackett Building  
University Park PA 16802  
814-865-3369  
Contact: David Riley  
Programs include sustainable local food  
systems

**PSU Cooperative Extension  
Sustainable Agriculture Working  
Group**

Contact: Charlie White  
501 ASI Building  
University Park, PA 16802  
814-863-9922  
Sustainable agriculture education and  
advocacy

**PSU Future Farmers of America**

215 Ferguson Building  
University Park PA 16802  
814-863-7463

Advisor: John Ewing

**PSU Grange Chapter 2105, Est. 2009**

110-K Chandlee Lab  
University Park PA 16802  
814-863-0806  
Contact: Scott Barbara

**PSU Master Gardeners, Est. 1982**

201 Agricultural Admin. Building  
University Park PA 16802  
814-355-4897  
Contact: Molly Sturniolo  
Educational programs, information  
hotline for gardeners:

**PSU Nutrition Department  
Cook Like a Chef Program**

Foods Lab/007 Henderson Building  
University Park PA 16802  
814-865-7431  
Contact: Anne Quinn Corr  
Summer Camp for Kids 11-13

**State College Area School District  
Agricultural Education Program**

653 Westerly Parkway  
State College PA 16801  
814-231-1161  
Paul Heasley  
Student-run greenhouse, FFA & Young  
Farmers chapters

**SCASD Community Education**

411 South Fraser St./Room 116  
State College PA 16801  
814-231-1062  
Contact: Donna Ricketts  
Mon – Fri, 8 a.m. to 4:30 p.m.  
Classes in pottery, woodworking, cooking  
and more

**SCASD Culinary Arts Program**

653 Westerly Parkway  
State College PA 16801  
814-231-1111  
Contact: Jeremiah Dick  
Cooking classes for high school students.

**Spring Creek Homesteading, Est. 2011**

156 West Hamilton Ave.  
State College PA 16801  
814-237-0996  
Contact: Katherine Watt  
Workshops in homesteading skills, social  
events, local food advocacy

**FOOD SECURITY:**

*FOOD BANKS; SOUP KITCHENS; MEALS-on-WHEELS; FOOD ADVOCACY CLUBS; GLEANING PROGRAMS*

**Central Pennsylvania Community Action Inc.**

P.O. Box 792  
207 E. Cherry St.  
Clearfield PA 16830  
814-765-1551  
Lead agency for area food banks with branch offices in Philipsburg, Bellefonte, Millheim, Houtzdale.

**Centre Hall/Potter Township Area Food Bank**

Grace United Methodist Church  
127 South Pennsylvania Ave.  
Centre Hall PA 16828  
814-364-1131  
Distribution – Third Tuesday of the month, 12:30 to 4 p.m. or by appt.  
Covers Centre Hall and Potter Township

**Centre House**

217 E. Nittany Ave.  
State College, PA 16801  
814-237-4863  
Distribution: 24 hours a day, 7 days a week.  
Coverage Area: Homeless Shelter and County Program Clients

**Community Help Centre**

114 West Beaver Ave.  
State College PA 16801  
814-237-5855  
Open 24 hours/7 days.  
Services: Bag of groceries from State College Area Food Bank available

**Faith Center Food Bank**

109 West High St.  
Bellefonte PA 16823  
814-355-4400  
Director: Nichole Summers  
Distribution: Wednesdays. 10 a.m to noon and 1 to 2 p.m.  
Thursday 10 a.m. to noon; 1 to 6:30 p.m.  
Covers Bellefonte, Milesburg, Pleasant Gap, Zion, parts of Julian

**Fillmore United Methodist Church Food Pantry**

126 Apple St.  
Bellefonte PA 16823  
814-355-2208  
Third Saturdays – 9 a.m. to 10 a.m.

**Howard Area Food Bank**

Howard Elementary School  
672 Garden St.  
Howard PA 16841  
570-962-2254  
Distribution: First and third Mondays, 4:30 to 6:30 p.m.  
Covers Howard, Orviston, Blachard, Snyderstown, Curtin Road, Liberty Township, Yarnell, Marion Township, Jacksonville, Monument, Beech Creek, Hublersburg, Nittany, Lamar

**Milesburg Food Pantry**

Milesburg Presbyterian Church & Milesburg United Methodist Church  
103 Turnpike St.  
Milesburg PA 6853  
814-355-0890

**PSU Community Food Security Club**

263 Henderson South  
University Park PA 16802  
814-865-5870  
2012-2013 President: Allie Lee  
Advisor: Dorothy Blair  
Goals: Promoting healthy eating and school gardens

**PSU Community, Environment & Development Club**

Advisors: Megan Wihelm/Dr. Leland Glenna  
107C/105C Armsby Building  
University Park PA 16802  
814-865-6220/814-863-8636  
Goals: enhancing sustainability and economic development of State College and surrounding areas

**Pennsylvania Department of Public Welfare**

Food Stamps Program  
Temporary Emergency Food Assistance Program (TEFAP)  
State Food Purchase Program (SFPP)  
Centre Region Office  
814-863-6571

**Philipsburg Food Bank**

14 Front Street  
Philipsburg PA 16855  
814-342-0404  
Distribution: Tuesdays and Thursdays, 8 a.m. to 4:30 p.m. or by appointment  
Covers: Philipsburg-Osceola School

District in Centre/Clearfield counties

**Pleasant Gap United Methodist Church  
Food Bank**

179 South Main St.  
Pleasant Gap PA 16823  
814-359-3011  
Last Sundays, 2 p.m. to 4 p.m.

**Snow Shoe/Mountaintop Area Food  
Bank**

Snow Shoe United Methodist Church  
Moshannon Avenue  
Snow Shoe PA 16874  
814-367-6230  
Distribution: Second Thursdays, 4 p.m. to  
6 p.m. and by appointment  
Covers Mountaintop, Snow Shoe,  
Clarence, Moshannon, Pine Glen

**State College Area Food Bank**

Director: Carol Pioli  
276 West College Ave.  
State College PA 16801  
814-234-2310  
Covers State College Area School District,  
parts of Julian

**State College Area Meals on Wheels**  
at Grace Lutheran Church, Est. 1971

205 S. Garner St.  
State College PA 16801  
814-237-8135  
Contact: Carol Buffington  
Meals for adults in SCASD/Centre Region.

**St. Andrew's Episcopal Church -  
Community Cafe**

208 West Foster Ave.  
State College PA 16801  
814-237-7659  
Thursdays at 5 p.m.  
Soup & Bread

**St. Paul's United Methodist Church  
Soup Kitchen**

109 McCallister St.  
State College PA 16801  
814-237-2163  
Wednesdays 11 a.m. to 1 p.m.  
Free food and friendly atmosphere

**USDA - Supplemental Nutritional  
Assistance Program**

401 Agricultural Admin. Building  
University Park PA 16802  
814-863-3447  
Elise Gurgevich  
Penn State Nutrition Links program

**MISCELLANEOUS LOCAL FOOD RESOURCES***BEEKEEPING; BEER; HERBS; MUSHROOMS; HUNTING; FISHING; CONSERVATION***Bald Eagle Sportsmen's Club**

Bald Eagle Sportsman Road  
 Tyrone PA 16686  
 Contact: John Jackson  
 814-353-4803  
 Hunting and fishing programs and  
 education

**Bald Eagle Watershed Association**

PO Box 42  
 416 Front St.  
 Milesburg PA 16853  
 Contact: Mimi Wurtz  
 814-353-8098  
 Fourth Wednesdays at 7 p.m.

**Beech Creek Watershed Association**

Contact: Richard Biggans, Board Member  
 PO Box 286  
 Mill Hall PA 17751  
 814-387-4248

**Belladonna Herbs**

720 Pike St.  
 Lemont PA 16851  
 814-867-4700

**Central PA Pheasants Forever**

c/o Spring Mills Fish & Game Association  
 183 Penns Creek Road  
 Spring Mills PA 16875  
 Contact: Jesse Putnam  
 814-598-9789  
 Habitat conservation & improvement  
 Second Thursdays, 6:30 p.m. at Olde New  
 York

**Central PA Wild Mushroom Club**

Est. 2010  
 P.O. Box 450  
 Lemont PA 16851  
 Contact: Bill Russell  
 Weekly discussions at Webster's  
 Mondays at 11:30 a.m.

**Centre County Beekeepers Association**

Contact: Joe DeLuca  
 814-867-3732  
 Monthly meetings

**Centre County Black Hops Unit**

Homebrewers' Club  
 814-321-5245  
 Contact: Jens Breffke

**Clearwater Conservancy, Est. 1980**

2555 North Atherton St.

State College PA 16801  
 814-237-0400  
 Contact: Jennifer Shuey  
 Land and water conservation and  
 education

**Dawg Gone Bees, Est. 2010**

1028 Meadowlark Lane  
 Lock Haven, PA 17745  
 717-968-5965  
 Jacki & Hal Mack  
 Honey, beeswax, preserves

**Half Acre Farm**

2325 Circleville Road  
 State College PA 16803  
 814-231-3927  
 Liam and Katy Goble  
 Beekeeping information

**The HopShop**

117 Hiester St.  
 State College PA 16801  
 814-308-9808  
 Andy Zangrilli  
 Craft beer boutique, sells local brews.

**Moshannon Creek Watershed Coalition**

P.O. Box 4  
 Osceola Mills PA 16666  
 Contact: Mike Malicki

**Pennsylvania Ducks Unlimited**

412 Swamp Road  
 Utica PA 16362  
 814-425-3552  
 Contact: Robin Rhoades  
 Habitat conservation

**Pennsylvania Native Plant Society**

1001 E. College Ave.  
 State College PA 16801  
 814-933-6246  
 Contact: Jean Najjar

**Pennsylvania Trout Unlimited  
Spring Creek Chapter #185**

108 Gas Light Circle  
 State College, PA 16801  
 Contact: Judi Sittler  
 814-861-3277  
 Habitat conservation & improvement  
 Meets first Thursdays, 7:30 p.m. at 132  
 Village Dr.

**Shaver's Creek Environmental Center**  
3400 Discovery Road  
Petersburg PA 16669  
814-863-2000

**Spring Creek Watershed Association**  
2555 North Atherton St.  
State College PA 16801  
814-23-0400  
Contact: Barbara Fisher  
Watershed conservation  
Meets third Tuesday at 7:30 a.m. at 100  
Patton Plaza in State College

**Spring Creek Watershed Commission,**  
Est. 1997  
Spring Township Municipal Building  
1309 Blanchard St.  
Bellefonte PA 16823  
814-355-7543  
Third Wednesdays at 7 p.m.

**Spring Mills Fish & Game Association**  
183 Penns Creek Road  
Spring Mills PA 16875  
814-571-1292  
Contact: Allyn Hosterman  
First Tuesdays at 7 p.m.

## **CASE STUDIES**

- *Spring Creek Homesteading Reskilling Workshops*
- *Friends Meeting House Community Garden*
- *Centre Region Permaculture Guild*
- *Centre County Black Hops Unit*
- *Friends & Farmers Cooperative*
- *Farm-to-Table Programs*

## **SPRING CREEK HOMESTEADING RESKILLING WORKSHOPS**

Since Fall 2011, we've organized public workshops in practical homesteading skills, taught by and for local residents, and we promote homesteading workshops offered by other local organizations such as the Osher Lifelong Learning Institute, affiliated with Penn State University, and the State College Area School District Community Education program.

We've also participated in several community street fairs and other public events, offering homesteading information and presenting workshops. We recruit instructors; provide liability coverage; help find teaching venues; provide micro-funding for supplies and facilities rental; publicize the classes through our website, email list-serve, community calendars etc.; connect interested students to teachers; and maintain a list of prospective instructors, who are contacted with regular reminders about the opportunity to reach and teach the large and growing pool of Centre region homesteaders. We also offer instructors compensation for their time and expertise as independent contractors; some donate all or part of the payment back to the organization.

During our first year, we scheduled eight to ten workshops in four quarterly series for a total of about 40 workshops, generally on weekends during the day, but occasionally on weekday evenings. For our second year, we've moved to a rolling scheduling process to allow greater instructor flexibility. Reskilling workshops are held in instructor homes and backyards, and in space rented from the State College Friends Meeting House.

Reskilling workshops further our mission by providing community members with opportunities to increase their personal resiliency through the acquisition of homesteading skills. Workshops have covered topics including: cooking and baking; food preservation; gardening, hugelkultur, and care of fruit and nut trees; composting for soil improvement and waste reduction; butchering; soap-making; fiber crafts such as knitting, sewing and weaving; plant and animal husbandry skills such as seed-saving, bee-keeping and chicken-keeping; plant identification; preparation and use of herbal remedies; construction of homesteading infrastructure like cold frames, rain barrels, bee hives, chicken coops and wood-fired clay bake-ovens; home-based energy strategies including solar collectors for hot water and installation of insulation and weather stripping; card games & role-playing games (non-electric entertainment).

This program has been funded partially through donations from workshop participants (totaling \$3,700 the first year), and partially through general operating funds.

## **FRIENDS & FARMERS COOPERATIVE**

Friends & Farmers Cooperative began during a November 2011 "Harvest Feast" potluck, sponsored by Spring Creek Homesteading and the State College Borough Department of Public Works. About 100 people attended and, using index cards and pens, wrote down ideas for strengthening the local food system.

"Start a food co-op" was one of the most popular ideas and leaders stepped forward to shepherd the project along for a few more months: Daryl Sinn, who was a member of the Our Store Co-op in the 1970s, and Sarah Potter.

We followed up by organizing another potluck for January 2012, with the food cooperative as the featured idea. Daryl and Sarah spoke briefly about the idea and about 40 people in attendance kicked in other ideas and input, emphasizing that, unlike informal buying clubs

– whose members loosely coordinate bulk orders from distributors – cooperatives are legal entities: formally incorporated; with bylaws and annual meetings; decisions made by a board elected by the members; and specific legally-required accounting standards; and that successful co-ops usually have members willing to make long-term commitments to the project; usually sell to any customers, even if members get a price discount; and usually use market studies, formal business plans, and clear corporate structures to support their deeper social goals of building community spaces and supporting local farmers.

Four students in Clare Hinrich's Spring 2012 Community, Environment and Development class, led by Greta Righter, volunteered to do a project measuring community support with a survey and compiling case studies of other co-ops in college towns. Greta later summarized the findings for a Centre Daily Times column: "When asked what shoppers are looking for in a grocery store, the most important factors were availability of a wide variety of foods (89 percent), price (74 percent), availability of local food (72 percent) and organic food (61 percent)...An overwhelming number of respondents (87 percent) said the most important aspects of a food co-op would be to provide affordable access to local food, followed closely by the coop's role in building a sense of community (72 percent)."

In May 2012, the group worked on the mission and vision of the store, envisioning the Friends & Farmers Cooperative as "an inviting community grocery store committed to showcasing the best local products in support of a strong local economy. We are member owned and strive for transparency in every aspect of our operation."

The draft mission stated that the co-op "aims to support the local economy by giving local producers priority on store shelves; offer convenient, healthy and delicious locally prepared foods; inspire healthy eating habits through education and transparent labeling; draw the community together in an inviting atmosphere; become a one-stop shop providing everything a family needs in a grocery."

By late Spring 2012, the steering committee had created two subcommittees: one to focus on membership and marketing, and one to work on legal and financial preparations. During Summer 2012, the members published several articles in local newspapers; began building lists of prospective members and vendors; met with Ross Pifer, of the Penn State Law School's Rural Economic Development Clinic, to plan for law student assistance with the legal aspects of incorporation during Fall 2012; commissioned a logo; drafted and printed informational brochures; tabled at the Pennsylvania Certified Organic FarmFest in August, and launched a temporary webpage.

In October 2012, the group held their first major fundraiser – a Share-the-Harvest Dinner at Greenmoore Gardens CSA Farm – serving a locally-grown supper to about 180 guests and raising over \$1,000 toward the cost of a professional feasibility study. As of December 2012, organizers continue drafting legal documents and planning house-parties to recruit members and raise funds for market assessment and launch costs.

### **KELLER STREET COMMUNITY GARDEN**

During Winter 2011-2012, members of the State College Friends Meeting House reached out to Spring Creek Homesteading Fund to offer us the chance to manage the church's garden space: a weedy, overgrown plot approximately 50' by 55' located near the intersection of Prospect Avenue and Keller Street.

We support community gardens as a key part of resilient local food production and want learn more about how community gardens start and are maintained, so we jumped at the chance. Combining the Friends' land with Spring Creek Homesteading's volunteer labor and funding, we hoped to jointly offer plots to eager community gardeners, giving all of us an incrementally stronger local food system over time.

Our first plan was to open portions of the garden to the public for Spring 2012 community garden planting. However, after site inspection, we decided to use 2012 growing season to rest and fertilize the lower section using permaculture strategies and build up to six raised

beds in a new (expanded) upper section, for 2012 planting by a few Friends members and children and teachers from the nursery school housed in the Meeting House.

Jackie Bonomo of Healing Ground Permaculture in Lemont developed a layered mulching plan to rest the garden. Between April and July 2012, volunteers removed weeds and debris, built six raised beds, collected cardboard for mulching and sheet mulched the lower section with cardboard, Borough compost, alfalfa hay and switchgrass. The sheet-mulching was the most labor-intensive phase, requiring approximately 35 people-hours of work.

We built entry gates using reclaimed lumber and hired a contractor to dig holes, install wooden gateposts and corner posts, and hang two entry gates and a four-foot-tall wire perimeter fence. We also began spreading wood chips on footpaths, with student volunteers from Dorothy Blair's Fall 2012 Nutrition class.

At the end of the 2012 growing season, we negotiated an arrangement for the 2013 growing season. Over Winter 2012-2013, Spring Creek Homesteading will draft a plot rental agreement, a set of community garden policies to facilitate garden supervision and weed control, and a contract documenting the land-use/land-management agreement between Friends Meeting and Spring Creek Homesteading.

By spring, we'll lay out, stake and number approximately 15 plots with footpaths, sign up gardeners, arrange for wood chip purchase or donation and delivery, and lay wood chips on the footpaths. We also plan to build a wooden chest with a combination lock for storage of shared tools and coordinate design and installation of an irrigation system to bring water from the Meeting House down the slope to the garden, with a spigot assembly to prevent waste. Other possible 2013 improvements include beautification (signage, benches for seating, perennial flower plantings); reclamation of the wild blackberry and black raspberry patches in the Friendly Woods adjacent to the garden; and educational workshops on gardening and hugelkultur.

### **CENTRE COUNTY PERMACULTURE GUILD**

The members of the new Centre County Permaculture Guild met for the first time in February 2012 and their first permaculture event was a workshop - Restoring Old Apple Trees - Hands-on Pruning - held later that month at Orchard Park in State College. Jackie Bonomo taught about 15 participants about how to examine an old tree, identify features, and selectively prune branches to improve productivity and health.

Their second event was the Penns Valley Learning Garden Permablitz held on April 7, 2012 in Millheim PA. A permablitz is when a group of two to 20 people come together to have fun while creating or adding to an edible garden where someone lives, sharing skills related to permaculture and sustainable living and building their community network.

Before the event, the permaculture designer visits the site, talks with the homeowner/host, take notes, measurements, soil samples and photos. The permablitz team then creates a rough design, presents it to the homeowner for feedback and makes a final plan including a date for the permablitz.

Permablitzes are a way to share and gain skills in: community networking and event logistics; natural building (timber frame, straw bale, ferro-cement, greenhouse/hoop house); mechanical skills (plumbing, electrical, water, solar, wind); animal care (chickens, bees, sheep, goats, hogs, cattle, horses)cooking/catering; childcare; soil building (composting, cover cropping); annual gardening; field farming; orchard/small fruits care; woodlot management and forestry (sugaring); agro-forestry (mushroom, medicinal plant cultivation).

The organizers reported, after the April 7 Millheim event:

"Twenty-eight people...dug seven swales (4 feet wide, 6 feet long, 8-12 inches deep) and sheet mulched about three-quarters of the 30 by 90-foot area. They...dug holes and planted five fruit trees, two elderberries, six currants and much of the polyculture around the lower

sweet cherry tree, as well as about 25 arborvitae windbreak trees...Educational components included a site orientation, an introduction circle, safety overview, permaculture principles, information about swales, tree and bush planting, sheet mulching and polyculture/guild associations. At the end, we gathered up the tools as people prepared to leave, and cleaned up the site, and then had an ending circle..."

Permaculture Guild leaders are Jackie Bonomo of Lemont and Lindsey Aumiller of State College. For more information or to find out more about scheduling a permablitz for your land, contact Jackie at 814-237-5569.

### **CENTRE COUNTY BLACK HOPS UNIT – HOMEBREWER'S CLUB**

The homebrewers club grew out of the first few home beer brewing workshops offered by Spring Creek Homesteading, when participants decided to create the club to have quarterly gatherings sharing their home-brewed beers. They chose the name - Centre County Black Hops Unit, "to serve beer and ferment," and met for the first time in late August 2012 for a potluck and beer tasting. They met again in October 2012 to make hard apple cider, and their most recent meeting was a January 2013 tour of Elk Creek Café + Aleworks in Millheim, combined with a friendly stout competition.

Members also use their website to share resources for homebrewers and buy/sell/trade brewing equipment, as well as share bulk orders for supplies to save money. Some members grow hops or plan to begin. For more information, contact Jens Breffke at 814-321-5245.

### **FARM-TO-TABLE PROJECTS – SCHOOLS & HOSPITALS**

There's a lot of interest in increasing the amount of local food produced on local farms and sold to large local institutions, including Penn State University, State College Area School District and Mount Nittany Medical Center. There are also significant obstacles to achieving this goal.

Stakeholders involved in 2012 discussions include people at the Penn State Residential Dining Services and Cafe Laura; Nittany Lion Inn, State College Area School District Food Services; SCASD Parents Nutritional Advisory Council; Friends & Farmers Co-op; PSU Rural Sociology, Hospitality and Horticulture programs; Spring Creek Homesteading; VeggieCommons; Hotel State College; a former coordinator for the PSU Farm-to-Table program; New Leaf Initiative; Eat-n-Park; Rising Spring Meat Co.; Greenmoore Gardens Farm; Young American Growers Farm; Jade Family Farm; PSU Campus Sustainability Office; the North Atherton Farmers Market; and the Tuscarora Organic Growers Cooperative based in Huntingdon.

Farmers are attracted to the prospect of stable income streams supporting more food production (soil improvements, more employees, season extension structures, etc.), plus farmer retention and recruitment. Buyers are interested in having a more resilient local supply of food, less transport-dependent, and in educational opportunities for students.

Recurrent themes in all farm-to-table discussions include:

- the likely potential benefits of a farmers cooperative or food hub to aggregate food produced on area farms for safe storage, handling, packaging, and distribution and more convenient pricing, bidding and sales;
- the non-overlapping price pressures between food service directors who must serve meals to many people within strict budget limitations, and small- to medium-scale farmers who must raise crops and livestock without the bulk buying advantages for supplies and especially labor enjoyed by large commercial growers, especially the organic-to-non-organic differential;
- risk management concerns including liability for food-borne illness outbreaks, and general food insecurity under economically and ecologically stressful conditions.

Perhaps the most significant barrier is a leadership time and energy shortage among fully-stretched area farmers, who must be the primary drivers of any campaign to increase local

food production to meet institutional food demand and are already working all-out to meet current customer demand through farmers markets, CSA subscriptions and locavore restaurants.

Currently, State College Area School District Farm-to-Table Program efforts are being led by Food Service Director Megan Schaper, along with leaders of the Parents Nutritional Advisory Council: Michele Marchetti and Carolyne Meehan. Key limitations include tight food purchasing budgets (\$2.80 per meal to pay for food, labor, benefits, equipment repair and replacement, cleaning supplies) and the need for food to be delivered to the kitchens ready-to-serve, due to labor constraints; kitchen staff don't have time to chop and prepare fresh ingredients. In some cases, production kitchens in the schools are poorly equipped to prepare meals from fresh local produce. Purchasers are also legally required to obtain safety assurances from suppliers; small producers may have difficulty with documenting compliance.

At Mount Nittany Medical Center, Head Chef Gary Glenn is committed to buying organic food for hospital patients, and is developing an on-site garden to supply a portion of the hospital's food. There have also been limited discussions of developing CSA-type programs to have local farms work with purchasers to plant crops for production and delivery to institutional customers.

At Penn State, John Mondock and other Residential Dining Services purchasers buy food for 14,000 students living on campus and eating in five dining halls open seven days a week. Eleven commonwealth campuses serve another 14,000 diners. Most produce is currently purchased from wholesale vendors around the state, who buy it from producers at auction. Farmers' market prices are out of range.

Other relevant facts:

- Penn State chefs have the flexibility to adapt menus to match seasonal supplies and can help farmers coordinate regulatory compliance on things like food-grade packaging, closed-vehicle transportation and product traceability.
- Penn State buys a lot of food, so the purchasing system can absorb very small lots into the supply stream.
- Residential dining has a central warehouse, which could be the drop point for farmers' deliveries, and buyers can save boxes for farmers to pick up and reuse for the next delivery, to save on packaging costs.
- Farmers' market managers can gather and funnel information about crop status and seasonal production trends to Penn State buyers.
- Buyers and chefs are interested in working with farmers to arrange custom growing, planning ahead together in January and February so farmers can buy seeds and prepare fields to grow crops for the dining halls and sell them at a pre-arranged price.
- Institutional buyers must purchase USDA-inspected chicken, but currently there are no USDA inspection facilities in the Centre region.
- Dairy products for the University Park campus are all purchased from the Creamery, but commonwealth campuses purchase from outside vendors, so farmers could bid for those contracts.
- There's already a small-scale working model of farm-to-table within the Penn State system. The HRIM Café Laura program has students grow crops at the Rock Springs farm to be prepared and served in the student-run restaurant in the Mateer Building.
- There's a working regional model of a larger grower's cooperative. Huntingdon-based Tuscarora Organic Growers Cooperative has more than 20 years of experience coordinating production, packaging, inspections and distribution for local organic farms supplying regional restaurants here and in Washington DC.

## **FIVE KEY GAPS in the LOCAL FOOD SYSTEM**

1. *Community Kitchen*
2. *Publicly-Owned Indoor Farmers Market*
3. *Community Food Center & Gleaning Program*
4. *Community Workshop/Tool Bank*
5. *Farmers Cooperative/Food Hub*

**1. Community Kitchen** – Community kitchens support local food systems in a variety of ways, by offering convenient and affordable access to commercial cooking facilities for educational cooking and food preservation programs, small-businesses such as catering, meal preparation and small batch processing; social events including private parties and public events, and philanthropic programs offering free or reduced prepared meals to low-income community members.

Spring Creek Homesteading will be launching a fundraising campaign in early 2013 to create a capital fund that would increase our eligibility for matching funds from government and private funders, specifically targeted to creating a 2,000 square foot community kitchen in or near downtown State College.

**2. Publicly Owned Indoor Farmers Market** - Cities around the world often subsidize prime commercial real estate costs to facilitate farmers market sales to the public. One excellent example, cited in several of France Moore Lappe's books and articles, is Belo Horizonte, which Lappe dubs "The City That Ended Hunger."

Local governments can justify use of tax revenue to subsidize farm-to-consumer sales by highlighting the role played by nutrition in public health – both sufficient calories and the quality of those calories - to the extent that the public bears the costs of malnutrition, obesity and related metabolic diseases. Public subsidies for a centrally-located, code-compliant facility with good delivery access for farm trucks, plumbing and electrical fittings to support Act 106 compliance, and good pedestrian and car access, could significantly increase local consumption of locally-produced foods.

**3. Community Food Center & Gleaning Program** - The food bank currently operates out of multiple locations, each too small to run all the programs in one place, so a lot of volunteer and staff time & energy is being spent moving food and people around. The food bank needs a single large commercial space, and would also like to shift operations to a grocery-store style model.

Some communities – notably Bloomington, Indiana – have programs linking food banks, food pantries, educational cooking programs, community gardening and gleaning to gather unharvested produce for community consumption.

There's a large untapped resource of excess produce in the Centre region, both at privately-owned farms, and at Penn State's educational farm fields at Rock Springs. In both settings, food is plowed under or composted, due to a lack of workers to pick and package the produce. During Summer 2012, a Middlebury College student (Marcella Houghton) began to assess Centre region farmer interest in having trained volunteers glean produce for distribution. A Penn State student (Morgan Heatherington) is working on a Spring 2013 project to create a business plan around processing gleaned produce for distribution and sale. Marcella Houghton: 845-527-4615. Morgan Heatherington: 570-590-4495.

**4. Community Tool Bank & Workshop** - As more community members rely more heavily on their own skills and labor, and good social connections with their friends and neighbors, to meet basic needs for food and shelter – there will be a growing demand for places to get sturdy tools and high quality supplies for urban homesteading. Privately owned hardware businesses may find it profitable to open small storefronts in high-rent districts to meet the needs of workers and students who live within walking and biking distance of their jobs and schools.

To meet the needs of low-income community members who lack access to hardware stores,

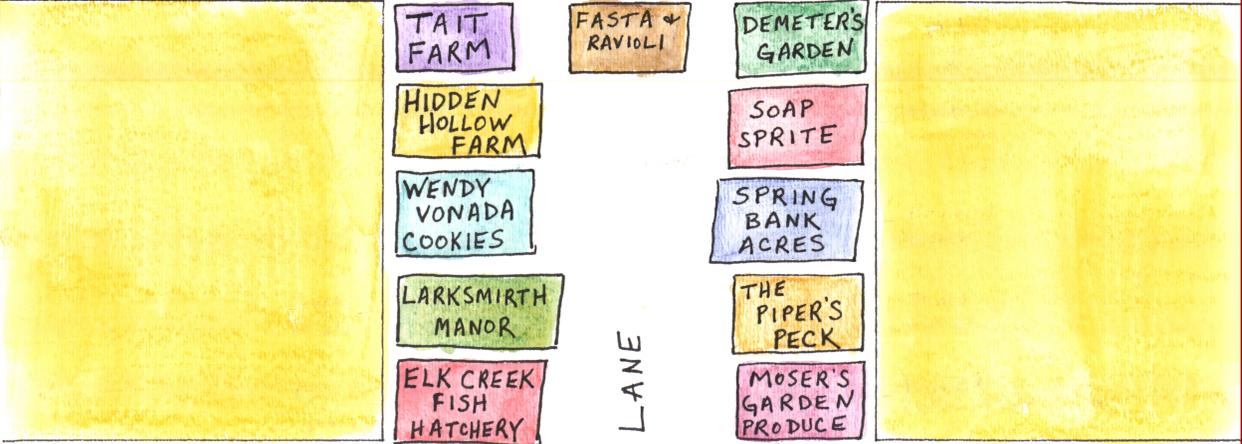
organizers in many communities have created tool banks – lending tools to the public just as books are lent from public libraries – and community workshops, offering public access to woodworking equipment including table saw, drill press, sander, crosscut saw, lathe and layout tables. Another possible program would allow public access to workshop facilities at State College Area High School, Mount Nittany Middle School and Park Forest Middle School, beyond the current usage for students and community members enrolled in Community Education programs. Some communities are also creating repair cafes: space and equipment for people to fix, and learn to fix, broken tools, machines, bikes, and other mechanical devices.

**5. Farmers Cooperative/Food Hub** – As described in the case studies, there's significant local interest in creating a farmers cooperative or food hub to facilitate food commerce, but a severe lack of available time and energy among the farming community. Other institutions or agencies could work to develop a food hub, but the farming community would need to be heavily involved in the design and implementation of the plan to ensure that they'd use the hub to meet their most pressing needs.

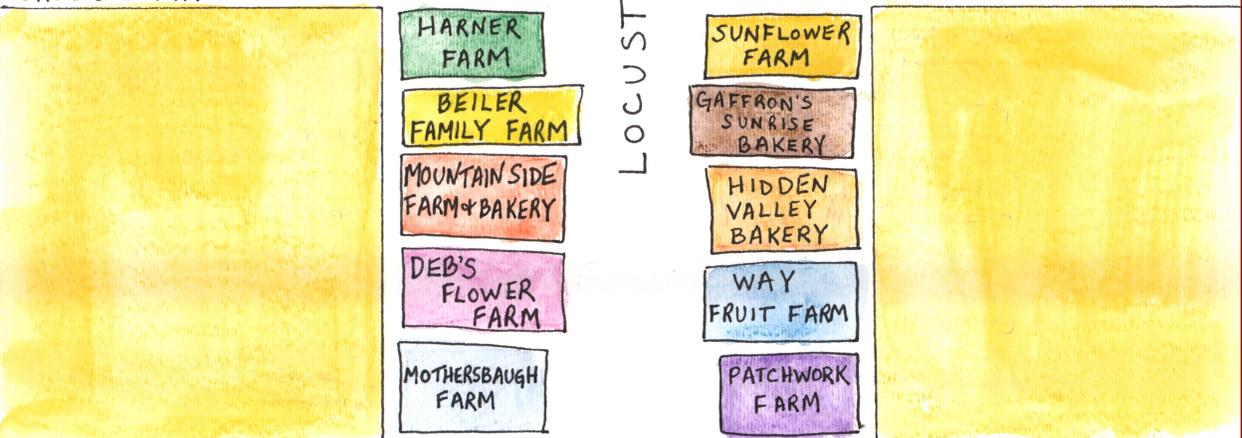
In brainstorming sessions, proponents envision that farmers could then deliver all produce ordered to a single location, where buyers would come to pick it up. The facility could house CSA farm deliveries and pick-ups. Farmers markets could set up in there for all-weather sales. There could be value-added facilities for food processing, and facilities for restaurants to drop off compostable scraps and farmers to pick up finished compost. On the administrative side, a local farmers' consortium could handle insurance, bidding, refrigerated storage, inventory control and transportation to the dining halls, allowing farmers to keep their main focus and time allocation on farming.

DOWNTOWN STATE COLLEGE FRIDAY FARMERS MARKET - 2012  
 OPEN 11:30 A.M. - 5:30 P.M. MAY through NOVEMBER

BEAVER AVE.



CALDER WAY

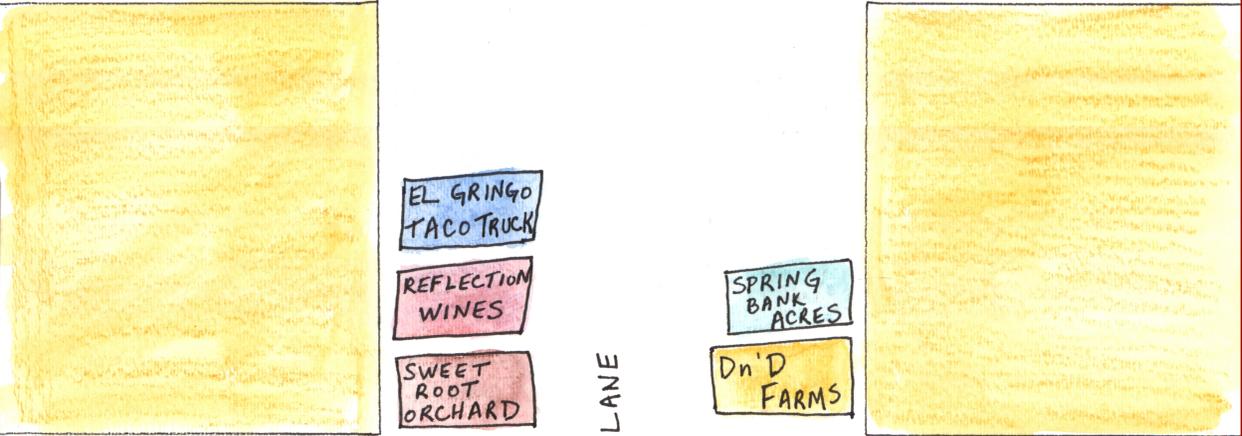


COLLEGE AVE.

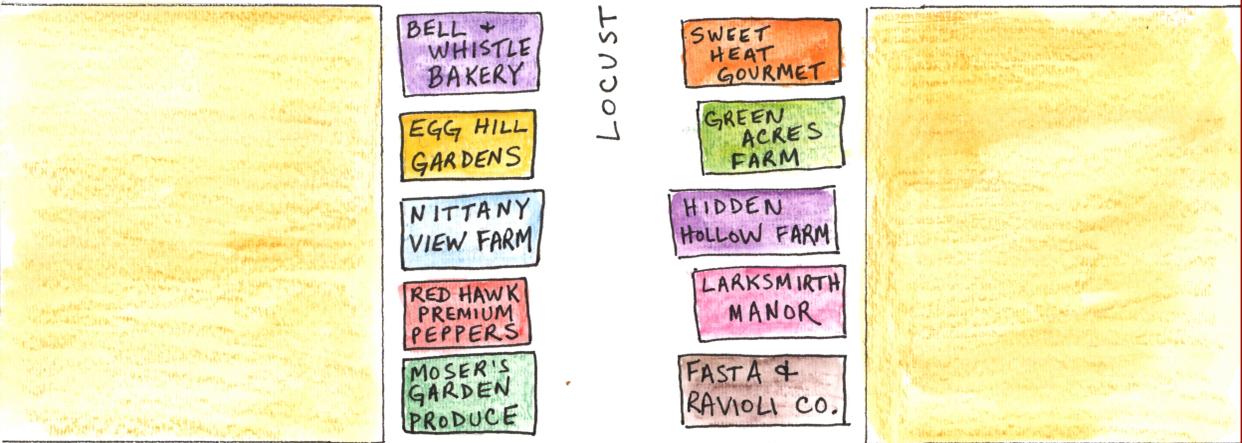
Products Available			
vegetables	milk	pasta + ravioli	chicken
fruits + berries	cheese + yogurt	Sauces + salsas	beef
herbs	butter + cream	bread	pork
jams + jellies	ice cream	pies	lamb
dried fruits	eggs	cookies	rabbit
flowers	honey	donuts	trout
soaps + balms			fresh Mexican meals

DOWNTOWN STATE COLLEGE TUESDAY FARMERS MARKET - 2012  
 OPEN 11:30 A.M. - 5:30 P.M. MAY through NOVEMBER

BEAVER AVE.



CALDER WAY



COLLEGE AVE.

Products Available			
vegetables	milk	chicken	wine
fruits + berries	cheese + yogurt	beef	flowers + plants
herbs	butter + cream	pork	bread
greens	ice cream	lamb	scones
pasta + ravioli	eggs	goat	muffins
saucers + salsas	honey + beeswax	veal	cookies
		turkey	soaps + lotions

BOALSBURG FARMERS MARKET - OUTDOOR - 2012  
 OPEN TUESDAYS 2:00 P.M. - 6:00 P.M. MAY through NOVEMBER

PENNSYLVANIA  
 MILITARY  
 MUSEUM

PATCHWORK  
 FARM

LITTLEFIELD  
 FARM

GEMELLI  
 BAKERS

GEMELLI  
 PIZZA

EL GRINGO  
 TACO TRUCK

FASTA +  
 RAVIOLI  
 CO.

CLOVER  
 CREEK  
 CHEESE  
 CELLARS

COW-A-HEN  
 FARM

THE  
 PIPER'S  
 PECK

WAY  
 FRUIT  
 FARM

BEE KIND  
 WINERY

GAFFRON'S  
 SUNRISE  
 BAKERY

SOAP  
 SPRITE

JADE  
 FAMILY  
 FARM

MOTHERSBAUGH  
 FARM

BEILER  
 FAMILY  
 FARM

BYLER  
 GOAT  
 DAIRY

CLAN  
 STEWART  
 FARM

TAMARACK  
 FARM

ARDRY  
 FARM

EDEN VIEW  
 ORGANIC  
 FARM

WILD FOR  
 SALMON

STONE  
 MEADOW  
 FARM

KREIDER  
 FARM

Products Available

Vegetables  
 fruits + berries  
 herbs  
 greens  
 milk  
 cheese + yogurt  
 eggs  
 chicken  
 pork  
 beef  
 lamb  
 salmon  
 pasta + ravioli  
 wine  
 flowers

bread  
 cookies  
 pies

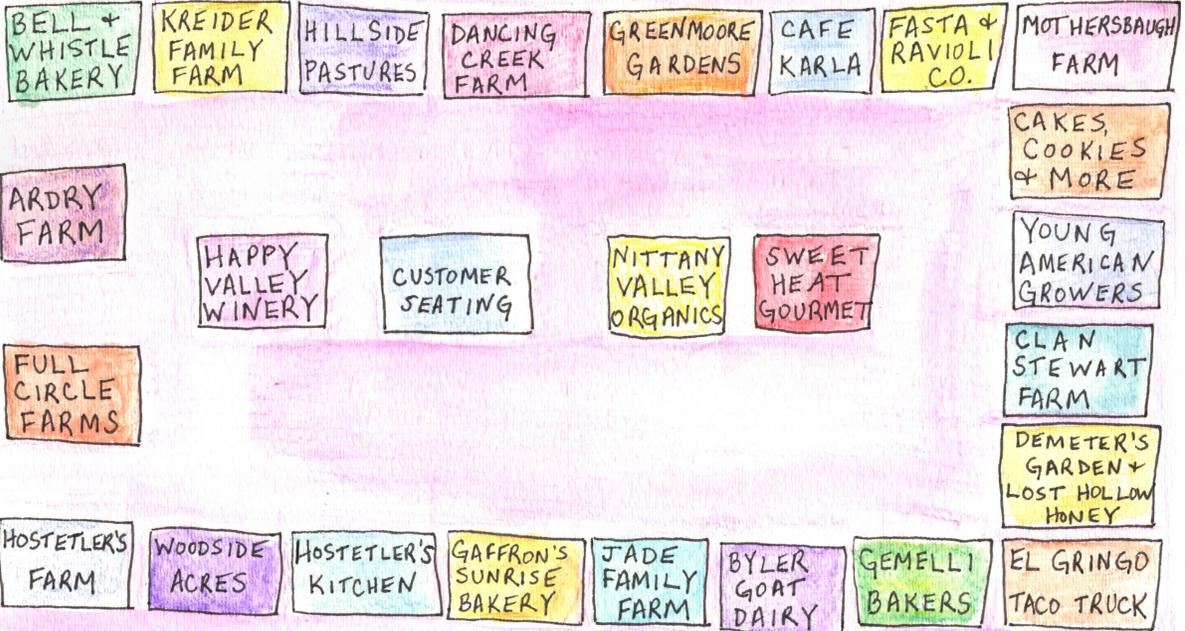
dried fruit  
 jams + jellies  
 sauces  
 salsas  
 granola  
 soaps + balms  
 maple syrup  
 plants  
 wool crafts  
 dog biscuits

SOUTH ATHERTON ST. / ROUTE 322 / BOAL AVE.

NORTH ATHERTON FARMERS MARKET - 2012  
 OPEN SATURDAYS 10:00 A.M. - 2:00 P.M. MAY through NOVEMBER

I-99/ROUTE 220

HOME DEPOT



Products Available

vegetables  
 fruits + berries  
 herbs  
 milk  
 cheese  
 eggs  
 jams + jellies

honey  
 pasta + ravioli  
 sauces + salsas  
 baked goods  
 gelato  
 coffee  
 soap  
 shampoo

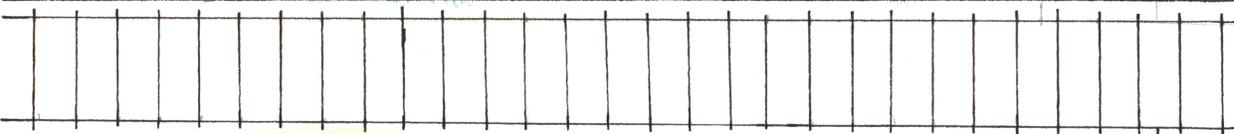
chicken  
 beef  
 pork  
 goat  
 wine  
 flowers  
 prepared foods

NORTH ATHERTON ST./ROUTE 322

KISH BANK

VALLEY VISTA DRIVE

LEMONT FARMERS MARKET-2012  
 OPEN WEDNESDAYS 3:00 P.M. - 7:00 P.M. MAY through OCTOBER



LEMONT GRANARY

NITTANY VIEW FARM   SWEET HEAT GOURMET   FASTA+ RAVIOLI CO.   BEE KIND WINERY   MOUNTAIN VIEW FARM   BEILER'S HOME CANNING   PASTURE VALLEY ACRES   LITTLE RIDGE BAKERY

GEMELLI BAKERS   WILD BLUMEN FARM   THE YARD   STONY RIDGE FARM   DEB'S FLOWER FARM   NITTANY VALLEY ORGANICS   CLAN STEWART FARM

CENTER FOR WELL-BEING

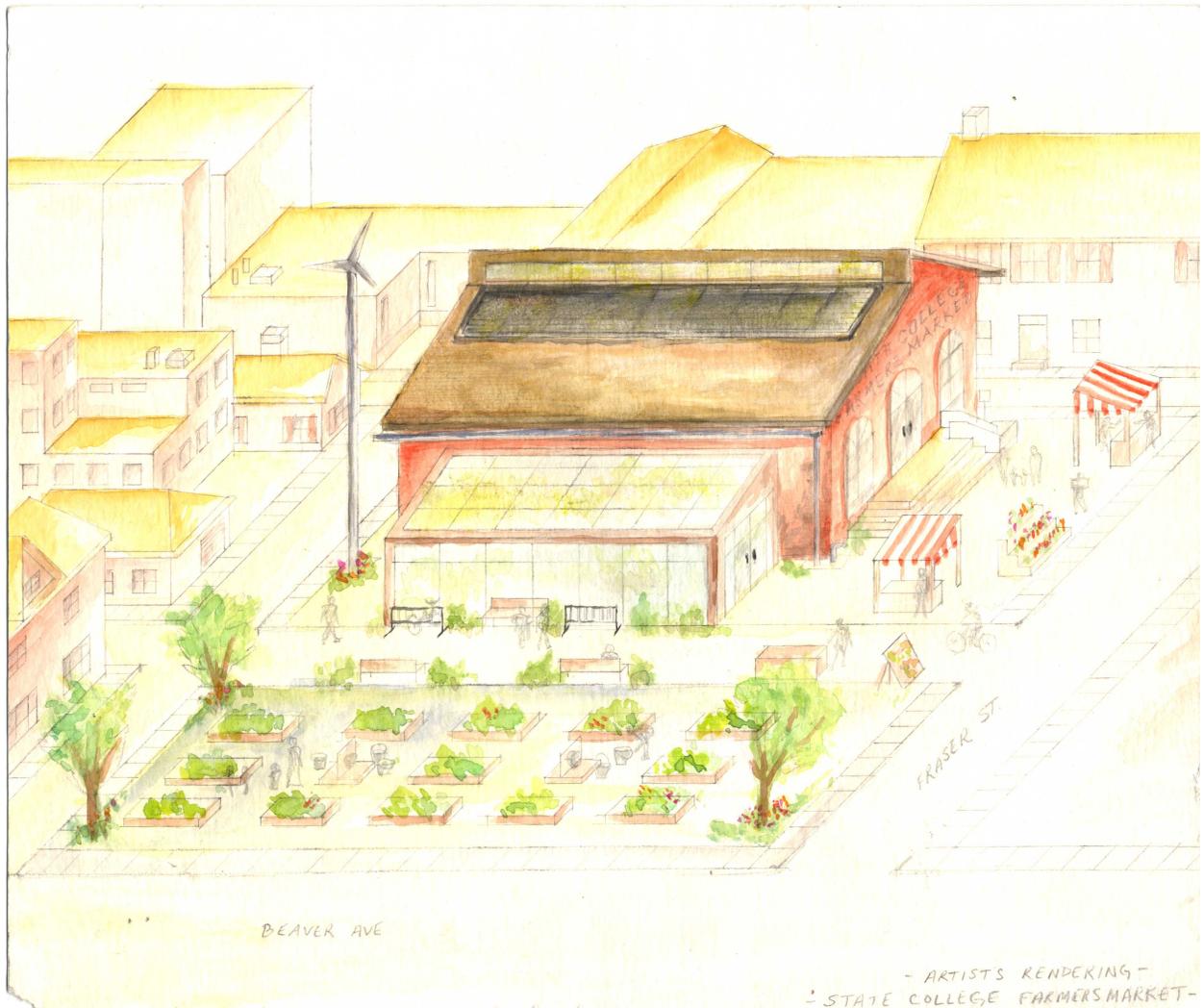
HARRIS ALLEY

Products Available

vegetables	pasta + ravioli	bread
fruits + berries	chicken	pizza
herbs	beef	cookies
milk	vinegar	pies
cheese	wine	cakes
eggs	flowers	granola
honey	soap	
pickles	shampoo	
jams + jellies	salves	
sauces		
salsas		

PIKE STREET

MOUNT NITTANY ROAD



Artist's watercolor sketch of alternative development plan for the vacant lot at Fraser St. and Beaver Ave. in downtown State College. (Wei Yee Lu, December 2012)