

Bugout_Bag_Recomendations_2008.txt

From: Brian

Date: Saturday, September 06, 2008 6:02 PM

Hi Alex bear in mind i've spent years in the army in infantry. I use an old rucksack, size medium with frames and pads. 1) poncho and poncho liner. The poncho is that a rain resistant garment that doubles as a hasty shelter. the liner is a quilted material that attaches inside the poncho for cold weather or can be used as a blanket. Substitins are are a 8x8 camo tarp and wool blanket. 2) parachute cord, 1 pouch, this is stranded cord that is used to strech between trees for the poncho shelter or saplings that be teid at the top with the poncho over the trees to make a crude teepee. The cord can be taken apart to individual strands that make great fishing line. Cord can also be use to made animal snares. 3) E-tool, the foldup shovel that as a case that clips to the back of the or outside of the ruck. The etool edge can be sharpened like any cutting insturment and used much like a clumsy knife or is rather lethal in self defense.

4) whet stones 2 each 1 small 1 median. to sharpen the etool and bayonet. 5) bayonet, i think all knows of bayonets, a K-barr or Bowie knife of good quality can be substituted. uses are hunting, defense, digging, etc. 6) 5 days underclothes, packed in ziplock bags, to keep dry. 2 sets of outer clothing, also in ziplocks. 7) a small tackle kit, hooks about a size 8 - 14 small weights xtra line and bobbers. 8) about 7 days of canned food and non perishables. this the heaviest stuff here. 9) hygiene supplies, don't forget the toilet paper or wipes. 10) misc, xtra knife or leatherman, lighers, can opener, altho the knife will work, fork and spoon. to eat with or xtra weapons if sharpened. 11) pistol and spare ammo with cleaning kit. 12) 2 quart metal canteen with cup. or 2 1 qt canteens with cups. at least one needs to be metal.

As you see everything is multi purposed, total weight is about 35 pounds. additionally a fiberglass bow destrung doulbes as a walking stick or fishing pole. quiver can be attached to the ruck and arrow making supplys abound in nature.

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Being a grunt i tend to go light weight and evade rather than heavy and immobile. Learn the skills to live and not just survived. Practice on outings or in the back yard.

A great many books are available most are in library's so you would not have the expense of buying them if you don't want.

I've found a lot of folks "talk the talk" but can't make the walk.

Brian

--- On Sat, 9/6/08,

From: Alex

I'd like to know what essentials you put in your bugout bag. Please share that list with the rest of us. Thanks!

>
> Looks like some interesting post have came up while i've been off
on
> uncle georges war on terror. If I may suggest a few things,
>
> 1) kiss, keep it simple
>
> 2) see a skill, practice it at home or on an outing such as
camping
> most skills are persihable.
>
> 3) equipment, use it now. new and improved does not allways work
at
> any time.

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>
> 4) tools, Learn to make what you can. often it,s not hard it
just
> requires forethought.
>
> 5) bugout bag, keep one pack, i use an old ruck sack. You know
what
> you NEED, i may compile a list of what i keep in my bag as a guide
> line if there is interest.
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