

## Family Preparedness Plan: Home Base

Rank these demons according to which are our home's biggest bugaboos.  
The worst culprit is a "1."

\_\_\_\_\_ Clutter      \_\_\_\_\_ Disorganization      \_\_\_\_\_ Lack of routine

Addressing all three is important to establish a calm and orderly home, but we may want to tackle our worst enemy first.

### Declutter room by room:

*Empty (empty out)—Assess (toss, donate, keep, store)—Separate (classify)—You (customize)*

#### Living Room

- Cupboards
- Shelves
- Drawers
- Tabletops
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

#### Kitchen

- Cupboards
- Shelves
- Drawers
- Countertops
- Refrigerator
- Other storage containers
- Pantry
- Windowsills
- Other \_\_\_\_\_

#### Family Room/Den/Bonus Room

- Cupboards
- Shelves
- Drawers
- Tabletops
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

#### Bathroom #1

- Cupboards
- Shelves
- Drawers
- Countertop
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

**Bathroom #2**

- Cupboards
- Shelves
- Drawers
- Countertop
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

**Bedroom #1**

- Closets
- Shelves
- Drawers
- Tabletops
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

**Bedroom #2**

- Closets
- Shelves
- Drawers
- Tabletops
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

**Bedroom #3**

- Closets
- Shelves
- Drawers
- Tabletops
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

**Garage**

- Cupboards
- Shelves
- Drawers
- Workbench
- Storage containers
- Other \_\_\_\_\_

**Other**

- Closets
- Cupboards
- Shelves
- Drawers
- Tabletops
- Countertops
- Other storage containers and furnishings
- Windowsills
- Other \_\_\_\_\_

### Putting the pieces together

- Make a Grab-n-Go Binder:
  - Assemble vital documents as listed on page 118.
  - Scan the information and store it on CDs and/or flash drives.
  - Put either a CD or a flash drive in your Bug Out Bag.
  - Store the binder in a safe place.
- Organize pantry:
  - Group similar foods and supplies together.
  - Store by use.
  - Organize The Big Three: wheat, rice, and beans.
  - Begin a pantry inventory on paper or an Excel spreadsheet.
- Organize nonedibles.
- Store all seasonal items in labeled containers. Keep them in a remote location, such as an attic or a storage shed.
- Make a video of our home's contents and store it in a safe place.

### Establish family routines

- Our family's medical emergency plan:
  - What constitutes a medical emergency:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  - Person to call 911:  
\_\_\_\_\_
  - Person to follow instructions from 911 operator:  
\_\_\_\_\_
  - Other delegated tasks:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Household routines for children to learn:
  - Preparing meals
  - Handling family finances
  - Laundry routine
  - Family trash routine
  - Caring for pets
  - Housecleaning, room by room
  - Outdoor responsibilities
  - Caring for younger children
  - Handling routine health issues